



Your Place to Stay Active & Connected

NOVEMBER/DECEMBER 2025

A nonprofit organization enriching the lives of the 50+ population of Birmingham, Bingham Farms, Beverly Hills, Franklin and the surrounding communities since 1978.

2121 Midvale Street • Birmingham, Michigan 48009-1509 • 248-203-5270 • www.BirminghamNext.org

DANCES OF INDIA PERFORMANCE **Nadanta Indian Dance Group**

Tuesday, November 4 at 6:00 p.m.

Cost: Complimentary members / \$5 guests



Fall is festival season in India, with several religious holidays occurring in October and November. These

holidays are often celebrated through music and dance. Join us at Next for an unforgettable evening of authentic Indian dance performances by renowned professional dance group Nadanta, which has been preserving and promoting Indian culture since 1979. It will be an evening of beauty, color, rhythm, and enjoyment. Generously sponsored by The Avalon of Bloomfield Township.

ADVENTURES IN INDIA

Jill Pavlat, Next member and World Traveler

Wednesday, November 5 at 1:00 pm

Cost: Complimentary members / \$5 guests

This program will take a first-person look at Jill Pavlat's trip to India. Highlights include two different safaris to spot the elusive Bengal tiger. As part of the safari, the Atapani villagers in Ziro opened their doors for the travelers for the celebration of Myoko, their most sacred holiday. One of only a few westerners to ever witness the celebration, Pavlat will share her remarkable experience through pictures and stories. Jill is an avid adventure traveler with experiences hunting with Aborigines in Australia, camping in virgin forests in the Amazon and hunting for a glimpse of wild tigers in Nepal. Jill has traveled most of her adult life and began her love of adventure travel in her early 40s. She has visited six continents, traveled solo, with friends and as part of larger groups. She loves to share her adventures.

COZY HOLIDAY FAVORITES CONCERT **Kelly and Darryl Roenicke**

Thursday, December 18 at 1:00 pm

Cost: Complimentary members / \$5 guests

Join Kelly and Darryl Roenicke for a festive and relaxing program of Cozy Holiday Favorites. Sit back and enjoy a selection of beautiful violin and piano music that's just right for the holidays. This concert will feature pieces you know and love, such as "Christmas Time is Here," "Have Yourself a Merry Little Christmas," "I Heard the Bells on Christmas Day," selections from the Nutcracker, and more.



HAITIAN FOLKLORIC DANCE PERFORMANCE

Tuesday, December 9 at 6:00 p.m.

Cost: Complimentary members / \$5 guests



Come to Next for a unique opportunity to experience and enjoy traditional folkloric dances of Haiti. On October 9, we learned about the history and culture of Haiti, and now we have the opportunity to experience Haitian culture at its most vibrant and beautiful. Traditional Haitian dances are deeply rooted in African heritage, serving as a vital form of cultural expression, spiritual connection, and resistance against oppression. Audience members will also get to enjoy the rich beauty, color, and heritage imbued in this performance. Generously sponsored by Bank of Ann Arbor.



TRIVIA TIME! with Tricia Olevnick

Mondays, November 3 and December 8 at 3:00 pm

Cost: Complimentary members / \$5 guests

Enjoy an afternoon of trivia with Tricia Olevnick, professional trivia host. Teams of four will enjoy friendly competition with a chance to win bragging rights.

SPANISH CONVERSATION FOR COGNITIVE WELL-BEING

Señora Bartlett

This course is designed to provide a stimulating and engaging environment for individuals interested in learning Spanish while promoting cognitive health. Through interactive conversation activities, this course aims to enhance mental agility, memory and linguistic skills, all while fostering social connections and cultural understanding. Participants will explore daily conversational topics. Your instructor, Señora Bartlett, will guide you through various activities and exercises designed to challenge your brain, improve language proficiency and keep your cognitive abilities sharp. Señora Carla Bartlett is a native Spanish speaker and also fluent in Italian. She has been teaching for over 30 years at the high school and Adult Education levels. She holds a BA from U of M-Ann Arbor and a MASTERS Art of Teaching.

Advanced Class – Ongoing

Wednesdays, 10/22 -12/3 at 4:00 pm, no class 11/26

Cost: 6-week series: \$120 members / \$125 guests

NAVIGATING THE TIDES OF POWER: A CURRENT LOOK AT THE INDO-PACIFIC AND THE CHINA-TAIWAN FLASHPOINT

Ryan Mondalek, Political analyst

Thursday, November 6 at 1:00 pm

Cost: Complimentary members / \$5 guests

Ryan Mondalek offers a dynamic exploration of the shifting geopolitical landscape in the Indo-Pacific region. With tensions escalating between China and Taiwan, and global powers like the United States increasingly drawn into the fray, this session unpacks the strategic interests, historical context, and emerging flashpoints that define one of the world's most critical theaters. Ryan Mondalek holds a master's degree in political science from Michigan State University. Coming from a family of secular religious and geopolitical scholars, he has spent the last 8 years studying the Indo-Pacific region, and China in particular, both as political scientist and geopolitical analyst and strategist.

VETERAN (AND SPOUSE) BURIAL BENEFITS

Mike Smela, Advanced Funeral Planner

Wednesday, November 12 at 12:00 pm

Cost: Complimentary members / \$5 guests

As a military veteran, what are my burial benefits? How do they

extend to my spouse? Can I choose burial or cremation? Are there differences if I use a national cemetery or a private cemetery? How do I secure my military burial benefits? Join us as Mike Smela from A.J. Desmond & Sons helps us explore this sometimes complicated topic and answers these and other questions, discussing pre-arrangements and helping create the perfect tribute for veterans and their spouses. Lunch will be provided.

ASK THE ATTORNEY

Diana Pugh Moak

Wednesdays, November 12 and December 10 from 2:00 to 2:45 pm

Local attorney, Diana Pugh Moak, will be at Next to provide assistance with your legal questions. Please call Next to schedule your complimentary 15-minute appointment. Only available to Next members.

This service will be provided the second Wednesday of every month going forward.

DO YOU HAVE AN ACTION PLAN IN CASE OF AN EMERGENCY?

Jamie Oldham and Amanda Gardner, Schluter & Hughes

Thursday, November 13 at 1:00 pm

Cost: Complimentary members / \$5 guests

November is National Family Caregivers Month. Join us for a hands-on workshop led by a nurse, Jamie Oldham and an attorney, Amanda Gardner, from Schluter & Hughes Law Firm. Together, we'll build your very own Emergency Folder—complete with refrigerator alerts, phone ID cards and the key documents you (or your loved one) may need if a hospital trip or medical emergency arises. We'll provide all the supplies — folders, forms, magnets, and more — so you leave with a ready-to-use resource. This is something every caregiver needs. Plus we'll talk about practical safety tips, what paperwork the ER team looks for, and how smart home technology can support safer living. Whether you're caring for someone with dementia, supporting a family member, or planning ahead for yourself, this workshop will give you tools and peace of mind. Come prepared to create, learn, and walk away with a folder that could make all the difference when it matters most.

LUNCH & LEARN: SENIORS AND SOCIAL MEDIA

Kai-Anne Radcliffe, The James

Wednesday, November 19 at 11:30 pm

Cost: Complimentary members / \$5 guests

Do you use Facebook to stay in touch with family and old friends? Do you enjoy watching videos on Instagram or YouTube? Join us for a Lunch & Learn about Social Media - its importance, its pros and cons and its impact on Seniors. Share some of your own experiences. Find out what others enjoy or worry about with various social media platforms.



BINGO 2.0

Sealina Moore, Host

Wednesdays, November 19 and December 17 at 3:00 pm

Cost: Complimentary members / \$5 guests

There is Bingo and now, there is Bingo 2.0 with Sealina Moore. We are shaking things up a bit by offering a different Bingo experience each month. In November, the theme will be, what else, Thanksgiving! And in December, everything will be focused on the December holidays. There will be snacks, socializing, decorations and prizes. Join us! (Please note: this does not replace the Monday Bingo that takes place here at Next on a regular basis.) Generously sponsored by Guiding Light Care Angels.

"SPREAD THE LOVE" FOOD DRIVE



Monday and Tuesday, November 24 and 25

Help us kickstart the season of giving by taking a minute to drop off a simple jar of peanut butter and/

or jelly (or jam or preserves) to the Next lobby on Monday, November 24 or Tuesday, November 25. PB & J only! Two days only! Let's see how many jars we can collect in a very limited time. The PB & J will be donated to a local food bank in December. Thank you in advance!

HOW TO THRIVE IN SPITE OF IT ALL: HEALTH/HAPPINESS HACKS

Peggi Tabor, Certified Integrated Wellness Coach

Tuesday, December 2 at 1:00 pm

Cost: Complimentary members / \$5 guests

Discover practical "hacks" to boost your mental, physical and emotional well-being – especially in challenging times. This interactive program explores simple, effective techniques for enhancing brain health, improving physical wellness, managing stress and building social resilience. From movement and mindfulness to mindset shifts and daily habits, you'll learn tools to help you feel better, think more clearly and stay grounded. Participants will have the opportunity to try out several of these during the program. Come ready to move, reflect and thrive! Peggi Tabor holds an MBA in Marketing and Communications, an MS in Metaphysical Science and a PhD in Philosophy.

NERVE PAIN: STRATEGIES TO IMPROVE SYMPTOMS

Aaron Wallace, Owner, Balance Your Fitness

Wednesday, December 3 at 12:30 pm

Cost: Complimentary members / \$5 guests

This engaging and informative program will explore the science behind chronic nerve pain disorders. Participants will learn the root causes of these diseases, as well as strategies to improve symptoms. The session will include interactive discussions and actionable tips to help improve function, making it ideal for anyone seeking to improve their quality of life.

SENIOR LIFE ADVISOR COUNCIL

Tuesday, December 9 at 11:00 am

Cost: Complimentary members / \$5 guests

A distinguished team of trusted advisors will address your questions and offer essential resources and solutions important to the 50+ community. Professional advisors will offer information about: Independent Living/Assisted Living/Memory Care, Financials, Medicare, Funeral Planning, Moving, Care Transition, Organizing, Rehabilitation, PT and OT, Home Health Care, Private Duty, Hospice, Power of Attorney, Law, Estate Planning and Respite. Complimentary snacks and beverages will be provided. Join us!

NANCY DREW/CAROLYN KEENE: REVISITED

Dr. Carol S. Chadwick, Lecturer, author

Tuesday, December 16 at 1:00 pm

Cost: Complimentary members / \$5 guests



Join us for an intriguing exploration of the iconic Nancy Drew Mystery Series. Discover origins of the beloved books, the man behind their creation, Edward Stratemeyer, and the identity of the person who was the original Carolyn Keene, the pseudonym for the series' original author. The lasting impact of Nancy

Drew will be discussed, from her first mystery to her continued influence in modern culture. Whether you're a longtime fan or new to the series, this presentation offers fresh insights and a deeper understanding of the character's legacy. For 38 years, Carol Chadwick was a Professor of English at Wayne County Community College and has written and lectured widely on Nancy Drew and serialized detective fiction.

SPEAKER SERIES @ NEXT

Join us on Thursdays Evenings at 6:00 pm
Cost: Complimentary members / \$5 guests

Please Note: Speakers can now be found under
the Activities tab in the Speakers category.

With the support of a generous grant from the Michigan Humanities, in November and December, Next will continue our Making Connections – Culture Series, with a continued focus on a kaleidoscope of cultures across the world. Please enjoy the presentations, movies, and entertainment covering cultures across the globe. This exciting study is funded in part by Michigan Humanities, an affiliate of the National Endowment for the Humanities and the Michigan Art and Culture Council.



November 6 - FEASTING ON ART Wendy Evans, Art Historian



Join renowned art historian Wendy Evans to discover how food and feasts are depicted in art. Artists from around the world and over the centuries have captured the very human act of eating in diverse and fascinating ways. This presentation brings an art feast for your eyes, complete with ingredients, cooking pots, helpful servants, serving dishes, and paintings of others enjoying meals, including the ultimate Thanksgiving dinner by Norman Rockwell. Bon appetit!

This program is generously sponsored by American House, Village at Bloomfield.

November 13 - MICHIGAN CENTRAL STATION RESTORATION PROJECT

Angela Wyrembelski, AIA

Meet Quinn Evans architect Angela Wyrembelski, and hear first-hand her amazing story as the lead architect on the restoration of one of Detroit's famous landmarks. Michigan Central Station was reopened on June 6, 2024 after a years long intensive restoration project. Angela will speak about the evolution of this incredible endeavor, and the responsibility of

restoring an iconic building. Angela's focus on the importance of integrating sustainability and reimagining historic



structures for modern use across Michigan, along with the value she places on historic buildings, is sure to both entertain and inspire audience members. This program is generously sponsored by All Seasons Birmingham.

November 20 – THE BLUES: LECTURE AND ENTERTAINMENT

Leonardo Gianola, Historian and Musician

Experienced musician Leonardo Gianola tells the story of the blues from the beginning by starting with transforming prison work songs into blues songs. The story continues up through the 1930's while Leonardo performs songs to support the narrative and illustrate how the blues developed. Come and learn the fascinating history of this singular musical style from an experienced performer. Bringing history to life, Leonardo will perform several songs using two acoustic resonator guitars; just like the songs were originally performed.

SPEAKER SERIES @ NEXT

Join us on Thursdays Evenings at 6:00 pm
Cost: Complimentary members / \$5 guests

Please Note: Speakers can now be found under
the Activities tab in the Speakers category.

DECEMBER 4 - TARIFFS AND INTERNATIONAL RELATIONS

Kevin Cotter, Associate Professor, Department of Economics - Wayne State University



Tariffs, trade wars, foreign policy, cost of living, price increases: how does a consumer in the United States make sense of it all?? Come to Next and hear from Kevin Cotter, Wayne State University Economics

Department Chair, who will explain the function and consequences of tariffs. Professor Cotter will discuss the logistics of tariffs, and the foreign policy objectives and international relations consequences that come into play. He will also look at the changing economic landscape and how tariffs and pricing present a continually moving target in today's economy.

DECEMBER 11 - PROTECTING NATURE IN THE HEART OF BIRMINGHAM

Birmingham Residents Debra Horner and David Williams, Nick Dupuis, Birmingham Planning Director

Join Debra Horner of the University of Michigan Ford Public Policy School's Center for Local, State, and Urban Policy (CLOSUP) and a member of the City of Birmingham's Environmental



Sustainability Committee, her husband David Williams, and Nick Dupuis, Birmingham's Planning Director, for a talk on sustainability and eco-friendly native plantings. Debra and David are Birmingham residents who have created an oasis of native plants on their property. Come and hear about their yard and their journey, the City of Birmingham's commitment to green preservation, and what you can do to promote spaces with native plants and pollinators on a local level!

DECEMBER 18 - THE GOOD ROADS MOVEMENT (1888-1926)

Jim Craft, Historian



In 1890 the United States had, perhaps, worst road system of any developed country in the world. Impassable three or four months a year due to muddy conditions, the balance of the year roads in America were dusty, rutted and disjointed, serving only very local functions. By the mid 1920's the United States had developed a well-funded system that integrated local, state and Federal governments to create the massive road network we take for granted today. Come to Next and learn about this enormous infrastructure endeavor and how it has shaped the United States.

**December 25 – NO LECTURE –
HAPPY HOLIDAYS!**



FITNESS OFFERINGS

BEGINNER TAP DANCE with Valerie Mould

Wednesdays from 3:00 to 4:00 pm – First class free.
Cost: 10 drop-in classes \$100 members / \$110 guests

Beginner tap is a wonderful entry or reintroduction to dance for older adults who have little dance experience or who have not laced up their tap shoes in some time. Dancers will learn the rudiments of tap, leading up to a simple dance routine. From enhancing coordination and balance to boosting cognitive function and creativity, the benefits of tap dancing are immense. Valerie has taught tap for decades and enjoys sharing her knowledge and love of dance with her students. Tap shoes are preferable to other hard soled shoes, but not necessary. (Tip: You can find a pair of Capezios on Amazon at a reasonable price.) Who knows...you might turn out to be the next Ann Miller or Fred Astaire!

STRETCH & RELAX with Caryn Ciagne

Mondays from 9:30 to 10:30 am
Cost: 10 drop-in classes: \$100 members / \$110 guests

Caryn will guide you through gentle stretch class exploring longer holds and slow range of motion along with a focus on breathing to promote relaxation. We will explore postures on your back, hands and knees, stomach and seated. There will be minimal standing. A chair can be close by for extra support. Focus on increased flexibility, core strength, balance and mindfulness for greater comfort and calm in one's body and presence.

LIMBER UP

Mondays, Wednesdays and Fridays at 10:00 am
Cost: Complimentary

This chair-based stretching and fitness video class is all about keeping limber and enjoying the company of good friends.

LINE DANCING with Christine Stewart

Mondays from 10:15 am to 12:00 noon ; no class Nov. 10
Cost: 10 drop-in classes: \$120 members / \$130 guests

Dance Instructor, Christine Stewart invites you to join her in exercising body and mind by learning new steps and line dances as you move to different types of music.

CARDIO DANCE WITH KAREN LUTZ

Mondays from 1:00 to 1:45 pm beginning September 8
Cost: 10 drop-in classes: \$100 members / \$110 guests

Stay active, improve balance, boost cognitive brain function and mood, all while having fun! Follow the easy dance patterns or move with your own groove to music from all genres. Optional weights help with strength and offer heart health benefits. Wear comfortable shoes. No partner or dance experience needed.

LOW IMPACT AEROBICS with Laura Karmanos

Tuesdays and Thursdays from 9:00 to 10:00 am
Cost: 10 drop-in classes: \$80 members / \$90 guests

Start your day in a low-impact way! We'll get things warmed up with some small movements and stretching, then transition into some basic moves to get our heart rates up. We'll add in some strength, balance, seated and standing core work — then end the session with a cool down and more stretching. This class is for anyone who is looking for a great workout without impacting their joints. In these classes you will have the opportunity to get stronger, move longer and be ready for life by implementing strength, cardio, mental as well as physical balance training. Laura has been teaching group fitness and personal training for decades and specializes in strength and mobility training for all levels, including older adults. She is certified through The National Academy of Sports Medicine (NASM).

STRENGTH TRAINING with Laura Karmanos

Tuesdays and Thursdays from 10:00 to 11:00 am
Cost: 10 drop-in classes \$100 members / \$110 guests

You may have heard it in the news or from one of our program presenters here at Next: Strength Training is important for everyone, but especially for older adults like us! This full body strength class will help increase strength, improve balance and mobility and help you maintain muscle and bone mass. This class is beginner friendly. We will use light weights and Pilates balls and we'll work on form throughout the classes. Laura has been teaching group fitness and personal training for decades and specializes in strength and mobility training for all levels, including older adults. She is certified through The National Academy of Sports Medicine (NASM).

CHAIR YOGA & MEDITATION with Caryn Ciagne

Tuesdays and Thursdays from 1:30 to 2:30 pm
Cost: 10 drop-in classes: \$100 members / \$110 guests

Utilizing a chair to sit and to stand beside for support, we will gently stretch and breathe our way into our body. Through this gentle practice, we will release tension and tightness, increase flexibility, strength, body awareness, range of motion and balance, while promoting a feeling of relaxation and calm.

YOGA FOR WELL BEING with Karen Lutz

Tuesdays from 4:00 to 5:00 pm
Cost: 10 drop-in classes: \$100 members / \$110 guests

All levels are welcome to learn gentle, adaptable yoga moves that help improve your breathing practices, core strength, balance and flexibility.



FITNESS OFFERINGS

WEDNESDAY FLOW YOGA with Caryn Ciagne

Wednesdays from 9:15 to 10:15 am

Cost: 10 drop-in classes: \$100 members / \$110 guests

A slow yet strong flow practice suitable for all who may be interested in expanding their yoga practice. This class will explore traditional standing, seated and supine postures to strengthen and improve balance. Please bring a yoga mat, water and a towel (optional).

BALANCED YOGA FOR WELLNESS with Karen Lutz

Wednesdays at 1:00 pm

Cost: 10 drop-in classes: \$100 members / \$110 guests

Learn to focus on breathing with gentle stretching and adaptive yoga movements both seated with the option to stand with the support of a chair.

TAI CHI FOR HEALTH with Cheryl Goodwin

Tai Chi is an internal (soft) style martial art that has been shown by scientific studies to improve one's physical health. It increases circulation, improves balance, and promotes a calm state of mind. Tai Chi for Health concentrates on improving your physical being through exercise while increasing your concentration and relaxation at the same time. Tai Chi is especially good for those with mobility issues as it can be done effectively seated. This class, taught by Cheryl Goodwin, Tai Chi for Health Institute certified instructor, is appropriate for all ages, body types and abilities. Cheryl is certified in the areas of Tai Chi for Arthritis, Tai Chi for Fall Prevention, and Seated Tai Chi.

Beginner Class

Wednesdays from 1:30 to 2:30 pm and Fridays from 11:00 am to 12:00 pm

Cost: 10 drop-in classes: \$80 members / \$90 guests

Cost: 1 drop-in class: \$10

Intermediate Class

Fridays from 10:00 to 11:00 am

Cost: 10 drop-in classes: \$80 members / \$90 guests

Cost: 1 drop-in class: \$10

For those wanting to go deeper into the form described above, Cheryl is offering this Intermediate Tai Chi class.

FRIDAY FITNESS with Caryn Ciagne

Fridays from 9:15 to 10:15 am

Cost: 10 drop-in classes: \$80 members / \$90 guests

Get moving! Meet in the gym. Walk and talk. Try out some fancy footwork: lunges, side steps, walking backwards and more! Wall sits and stretches. All to promote strength, flexibility,

balance and community. Bring water and wear comfortable shoes. Let's have some Friday fun!

BARRE BALANCE with Karen Lutz

Fridays from 1:00 to 1:50 pm – First class free.

Cost: 10 drop-in classes: \$100 members / \$110 guests

A low impact practice at the barre improving muscle tone, balance, flexibility and strength. Work with optional weights and stretch bands. All levels are welcome as we move at our own pace. Enjoy ballet and yoga inspired movements both dynamic as well as holding.

PICKLEBALL

Cost: Complimentary members only

Open Play: Monday, Thursday, Friday from 12:30 to 3:00 pm

Open Play: Monday through Thursday from 4:30 to 7:30 pm

Interested in learning how to play one of the fastest growing and most popular sports? Contact Pickleball Professional Tom Wehner at (248) 885-1203 or tgwehner@cs.com for lessons!

TENNIS - MIXED DOUBLES

Wednesdays and Fridays from 1:30 to 3:30 pm

Next members enjoy indoor play at the Birmingham Racquet Club as a regular league player or sub. Always looking for new players. If you are interested, please contact David Young at davidmppyong@gmail.com or 248-229-5015.

BOWLING LEAGUE

Thursdays at 1:00 pm

Cost: \$11 for 3 games. Members only.

All levels welcome for bowling and camaraderie at Country Lanes at 30250 West Nine Mile Road, Farmington Hills. No need to register, just drop in. For more information call or text Janice Borsenik at 248-644-0986.



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HEALTH & WELLNESS SERIES

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We are excited to partner with Henry Ford Health for the 2025 Health & Wellness Series! Henry Ford Health is committed to improving the health and wellness of the Michigan community by improving people's lives through excellence in the science and art of health care and healing. As the Health & Wellness Series Partner, Henry Ford Health will share the expertise of their physicians, nurses and other providers directly with Next members.

SEASONAL AFFECTIVE DISORDER (SAD) Christopher Nixon, Director, LMSW, CAADC, Director of Maplegrove Center & Addiction Medicine

Thursday, November 20 at 12:00 pm

Cost: Complimentary members / \$5 guests

Join Christopher Nixon for a discussion on Seasonal Affective Disorder (SAD). SAD is a form of depression linked to seasonal changes typically in the winter months. As the holiday season draws near, Chris will discuss effective strategies for support that can improve your mood in any season. A light lunch will be served.

CANCER SCREENING AND PREVENTION Donna Long, RN, BSN

Thursday, December 11 at 12:00 pm

Cost: Complimentary members / \$5 guests

Join Donna Long, RN, BSN, the Director of Cancer Screening and Tumor Boards for Henry Ford Health, as she discusses cancer risk factors, early detection methods, and the importance of routine screenings. Donna will also cover how lifestyle choices and proactive healthcare can play a crucial role in lowering cancer risk. A light lunch will be served.



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enjoy 20% off of all Apothecary products and
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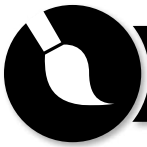
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We are excited to present more art classes at Next to ignite your creativity! Please join us to learn some new techniques and develop your artistic flair.

NEW! DRAWING WORKSHOP – LET’S EXPLORE FACES – PART ONE

Tuesdays, November 11 through December 2 from 10:00 am to 12:00 pm

Cost: 4 Week Series: \$70 members / \$75 guests

Join artist/instructor Kay Sulfaro in this new exciting workshop series “Exploring Faces”. If you have basic drawing skills, you will really enjoy this two-part workshop. In part one students will discover the basic shapes and landmark spots for eyes, noses, and mouths. You will discover details you’ve never paid attention to before. You will also begin to recognize how important shading is. In workshop part two (stay tuned for dates in the New Year), you gain confidence as you build skill with the soft shading that is so important for the gentle contours of faces. As part one ends, the class will receive suggestions on materials/photos, etc. to collect and study in preparation for workshop part two. Materials list available at the front desk upon registration.

BASKET MAKING CLASSES

Join Deborah VanderLinde, PhD, aka “The Basketmak’r” in this fun class where you will be introduced to or review basic weaving techniques.

HOLIDAY BASKET

Wednesday, November 12 from 1:00 pm to 5:00 pm

Cost: \$60 members / \$65

This charming wall basket with a woven tree features an oak bushel basket for hanging on the wall or doorknob. Embellishments include a star button, jingle bells and a cardinal. 6” wide x 7” tall



STUDIO ART CLASS - TUESDAYS

Tuesdays, January 13 through March 10 from 1:00 pm – 3:30 pm

Cost: 9 Week Series: \$165 members / \$170 guests

The class purpose is to broaden the knowledge and growth of each student’s skills in their chosen medium. Most preferred mediums are acrylics, oils, watercolors, or collage/mixed medium. The students and Karen work together to develop student’s subjects and carry the project forward. Karen is excited to explore fresh ideas and viewpoints of the students various art backgrounds to recharge our creative juices. We look forward to sharing concepts to continue enriching our visual statements.

Students are required to have prior basic instruction in the medium they will use in class. Bring your materials and what

you plan to work on to class. If you work upright, plan to bring your own lightweight portable easel.

STUDIO ART - THURSDAYS

Thursdays, January 15 through March 12 from 1:00 pm – 3:30 pm

Cost: 9 Week series: \$165 members / \$170 guests

Join this class using materials which you have experience with and have had basic instruction. Bring your own subject, reference material, and the supplies you typically work with. Karen Halpern will foster critical thinking and make suggestions to guide you as you develop your own project. Karen’s focus is to inspire the artist’s viewpoint, and develop their skills and knowledge. General materials used are acrylics, oils, watercolors or collage/mixed media. Returning students, plan to start a fresh piece of work for the semester. If you work upright, plan to bring your own lightweight portable easel.

PHOTOGRAPHY CLUB

Thursdays, November 13 and December 11 from 10:00 am to 12:00 noon

Cost: Complimentary members / \$5 guests

The Next Photography Club seeks to bring people together who have an interest in photography. They maintain their own website and take monthly photo trips. For information, contact the clubs email at- info@birminghamphotoclub.org

KNITTING & CROCHETING OPEN STUDIO

Mondays at 10:00 am

Enjoy lively discussion with this group of lovely ladies. Tips and ideas shared!

NEEDLE ARTS OPEN STUDIO

Wednesdays at 10:00 am

A great group for quilting, needlepoint, sewing and cross-stitch! All levels welcome!

PALETTE & BRUSH CLUB

Thursdays from 9:30 am to 12:30 pm

The group is currently at capacity; however, if you are interested in joining the club, please contact paletteandbrush.org.

POTTERY OPEN STUDIO

Thursdays from 9:30 am to 12:30 pm

Enjoy this independent open studio to develop your beautiful pottery projects.



DAY TRIPS



DETROIT SYMPHONY ORCHESTRA FRIDAY MORNING COFFEE CONCERTS

Bus departs Next at 9:15 am,
returns about 1:30 pm
Please pre-register, space is limited.
Cost: \$65 members / \$70 guests

Friday, November 21

THE BILLY JOEL SONGBOOK

Call the office to join the wait list

Join the DSO and vocalist-pianist Tony DeSare for a symphonic celebration of Billy Joel's most iconic hits. With DeSare's signature vocals and dynamic piano style, experience the legendary songs of the Piano Man like never before-brought to life with full orchestral arrangements conducted by Enrico Lopez-Yanez. Hear favorites including "Only the Good Die Young", "Just the Way You Are", "Piano Man", "New York State of Mind", "You May Be Right", "Movin' Out", "My Life", "Don't Ask Me Why", and more in this unforgettable tribute to one of music's greatest storytellers. Please note: Billy Joel does not appear on this program.

Friday, December 12

HOME FOR THE HOLIDAYS

Celebrate the season with one of Detroit's favorite holiday traditions! The DSO and special guests bring the magic of the holidays to life with festive favorites performed in the warmth of Orchestra Hall. Make memories to cherish for years to come with a concert filled with joy, music, and holiday spirit.

Friday, January 16

BEETHOVEN'S TRIPLE CONCERTO

Celebrated American conductor Jonathon Heyward returns in a program featuring the all-star Kanneh-Mason siblings in Beethoven's rarely performed Triple Concerto, effectively a concerto for piano trio and orchestra. Mendelssohn's "Italian" Symphony takes inspiration from the composer's travels in Italy, reflecting the sunny countryside, imposing architecture, and spirited local dances.

Thanksgiving Parade. Learn about the Parade's fascinating history, explore the 200,000 square-foot storyland of floats, and see how their award winning artisans bring them to life. Take a journey through their unique creative kingdom, marvel at the world's largest collection of papier-mâché heads. Designed and created in their Detroit studio, a collection of over 3,000 costumes make a colorful array of characters come to life. Take a one hour guided, walking tour through the 200,000 square-foot studio. The tour is completely indoors. Please dress for the outside weather as it is the same inside the building...if it's cold outside, it's cold inside. Pictures are encouraged. This is a real pre- Happy Thanksgiving treat!

HENRY FORD COLLEGE CULINARY SCHOOL HOLIDAY BUFFET

Wednesday, November 12

Bus departs Next at 11:15 am, returns about 2:15 pm

Cost: \$20 members / \$25 guests (Transportation ONLY)

Indulge in this savory Holiday Buffet skillfully prepared and served by HFCC students. The menu draws its inspiration from local farms and markets, focusing on exceptional ingredients at the peak of their season. The restaurant provides a fast-paced, realistic environment to practice the crafts of cooking, baking, pastry and guest service. This buffet is the perfect kick start, for your taste buds, to the holiday season! Come as you are, and participate in the education of the next generation of Detroit's great chefs. Your lunch and tip are to be paid for individually and is approximately \$25.00 (+ gratuity) per person. Bon Appetite!

ROYAL OAK MARKET: ART FAIR EDITION

Thursday, November 13

Bus departs Next at 11:00 am, returns about 1:15 pm

Cost: \$15 members / \$20 guests

The Royal Oak Market-Art Fair Edition, now in its 10th year is produced by The Guild of Artists and Artisans and will take place indoors at the Royal Oak Farmer's Market. This is a juried fair with a boutique feel. The event features 65 "fine" artists, live music, food vendors, several adult beverage offerings, and free admission! Fairgoers will find the same excellence and variety of artists as in the Guild's Ann Arbor Summer Art Fair. Take an hour and a half to peruse ceramics, jewelry, glass, painting, mixed media, fiber/fabric, photography, wood, leather, drawing, digital art, metals and more! This trip always proves to be a fun and festive place to get a head start in purchasing a gift of fine "design" for someone special for the holidays.

THE PARADE COMPANY TOUR

Thursday, November 6

Bus departs Next at 10:00 am,
returns about 1:00 pm

Cost: \$40 members / \$45 guests

Venture into a magical "ParadeLand" and experience a behind the scenes look at America's



THE PARADE COMPANY



DAY TRIPS

DOWNTOWN DETROIT HOLIDAY MARKETS AT CADILLAC SQUARE

Thursday, November 20

Bus departs Next at 11:00 am, returns about 2:00 pm

Cost: \$25 members / \$30 guests

Dress accordingly, and shop till you drop at the “pop-up’s” at Cadillac Square Holiday Market. Glass huts with rotating vendors let you shop retail, small and local, for food, clothing, home goods, crafts, gifts and more! Detroit has really pulled out all of the stops to put visitors in the holiday spirit! Grab a friend and a coffee/hot cocoa and enjoy the city in all its glory this special time of year. Once downtown, we will have two hours to explore the market, grab a quick bite and a warm beverage at the Cadillac Lodge (if you choose), and soak in all of the surrounding pre- Holiday splendor!

PEWABIC MUSEUM AND GIFT SHOP AND LUNCH AT SINBAD’S

Thursday, December 4

Bus leaves Next at 10:00 am, returns about 2:00 pm

Cost: \$25 members / \$30 guests

Pewabic today is an active working pottery, architectural tile studio, ceramic arts education center and vibrant cultural destination. We will visit the in the second floor house museum galleries that showcases “Pewabic: Detroit’s Pottery” documenting the pottery’s past, while celebrating the present. Enjoy views of never-before-seen Pewabic work from their archives, unreleased glaze experiments from the present, and more! Visit the store to shop home décor, handcrafted tiles, pottery, and wearables along with the work of 50 other artists from Michigan and beyond. After Pewabic Pottery enjoy lunch on your own at Sinbad’s. Sinbad’s since 1949 is celebrating 73 years of providing Detroit with a one of a kind dining experience at the Detroit River.

DETROIT PUBLIC THEATRE HOLIDAY CABARET

Wednesday, December 10

Bus departs Next at 1:00 pm, returns about 4:30 pm

Cost: \$70 members / \$75 guests

A sassy, sparkling, fizzy, mature seasonal celebration! Back by popular demand! The DPT Holiday Cabaret is a bold new Detroit holiday tradition packed with world-class vocalists, heartfelt laughter, and a whole lot of spirit. They are serving up a fresh mix of holiday tunes—some familiar, and some you really aren’t expecting. So get holly, get jolly, and get tickets (hurry, tickets are limited)! DPT’S Holiday Cabaret is the not-to-be-missed celebration of the season!

CATHEDRAL OF THE MOST BLESSED SACRAMENT TOUR AND THE RED HOOK COFFEE SHOP

Wednesday, December 17

Bus departs Next at 10:10 am, returns about 1:15 pm

Cost: \$50 members / \$55 guests

A parish that started off worshipping in an old shoe factory wound up with a church so grand, it became a cathedral. The Cathedral of the Most Blessed Sacrament is a stunning Neo-Gothic style Roman Catholic cathedral church, and is the seat of the Archbishop of Detroit and the mother church of the Archdiocese. A Roman Catholic Apostolic Center where everyone is warmly invited to engage in the transcendent beauty of sacraments, arts, faith formation, community life, service, and missionary outreach. Enjoy a one-hour guided tour of the sanctuary highlighting history and architecture. Tour guests may want to bring any items (rosaries, medals, wedding rings, scapulars, or other precious sacramentals) you would like to touch to their permanently installed first class relics. On the way back we will stop at The Red Hook in Ferndale where you can pick up a warm beverage and some delicious baked goods.

JANUARY/FEBRUARY

AMAZON FULFILLMENT CENTER TOUR

Coming in January.

Look for the date to be announced in early December.

Cost: \$ members / \$ guests



How does an Amazon warehouse really work? Join us, take this one hour tour and find out for yourself! Did you know that Amazon fulfillment centers are far more than a traditional warehouse? Some of their buildings are as large as 28 football fields, and can hold millions of products at one time. They are bright, huge buildings with orange robots transporting towers of goods, miles of conveyor belts carrying inventory in every direction, and shipping labels practically flying onto boxes, blown by puffs of air. On this tour, you will see how products in your online shopping cart get from Amazon to you. It’s a symphony of people and technology that allows them to deliver orders quickly and efficiently to customers around the world. Please keep in mind, this tour is a massive amount of walking, climbing stairs, fast moving, with no stopping or sitting.

FEATURE FILMS

Wednesday Evenings @ 5:00 pm

Cost: Complimentary members / \$5 guests - Please register!

November 5 – SUNDAY BEST: THE UNTOLD STORY OF ED SULLIVAN

This documentary Explores Sullivan's powerful mark on music, media, and The Civil Rights Movement. Sunday Best, includes never before seen interviews from Harry Belafonte, Dionne Warwick, Berry Gordy, Otis Williams and many more. Rated TV14 1 hour 30 minutes

November 12 – MY OXFORD YEAR

Anna (Sofia Carson) an ambitious American student travels to Oxford in England to fulfill her dream, but encounters Jamie (Corey Mylchreest) a charming local who changes both their lives.

Rated PG13 Rated 1 hour 53 minutes

November 19 – YOU'VE GOT MAIL

Struggling boutique bookseller Kathleen Kelly (Meg Ryan) hates Joe Fox (Tom Hanks), the owner of a corporate Fox-books chain store that just moved in across the street.

When they meet online, however, they begin an intense and anonymous Internet romance, oblivious of each other's true identity. Eventually Joe learns that the enchanting woman he's involved with is actually his business rival. He must now struggle to reconcile his real-life dislike for her with the cyber love he's come to feel.

Rated PG 1 hour 59 minutes

November 26 – No Movie - Happy Thanksgiving!

December 3 – ME BEFORE YOU

Young and quirky Louisa "Lou" Clark (Emilia Clarke) moves from one job to the next to help her family make ends meet. Her cheerful attitude is put to the test when she becomes a caregiver for Will Traynor (Sam Claflin), a wealthy young banker left paralyzed from an accident two years earlier. Will's cynical outlook starts to change when Louisa shows him that life is worth living. As their bond deepens, their lives and hearts change in ways neither one could have imagined.

Rated PG13 1 hour 50 minutes

December 10 – THE FAMILY STONE

Everett Stone (Dermot Mulroney) wants to bring his girlfriend, Meredith Morton (Sarah Jessica Parker), to meet his bohemian Connecticut family at Christmas. Straitlaced Meredith, feeling she needs backup, asks her sister Julie (Claire Danes) to come along. Hoping to win the approval of her boyfriend's parents Sybil (Diane Keaton) and Kelly (Craig T. Nelson) and the rest of the family, instead Meredith succeeds only in highlighting her uptight personality and making Everett doubt his intentions.

Rated PG13 1 hour 43 minutes

December 17 – FOUR CHRISTMASES

When their plans for an exotic vacation fall apart, unmarried couple Brad (Vince Vaughn) and Kate (Reese Witherspoon) must spend Christmas Day trudging around to a quartet of family get-togethers. While Brad counts the hours till he can escape the onslaught of crazy relatives, Kate begins to wonder about her own choices and ponders whether her family members are so crazy after all.

Rated PG13 1 hour 28 minutes

December 24 – No Movie - HAPPY HOLIDAYS!

December 31 – No Movie - HAPPY NEW YEAR!



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Mondays, Nov. 3rd, Nov. 17th, and Dec. 1, Dec. 15, from 11:00 am to 12:00 noon

Cost: Complimentary - No appointment is required.

A trained healthcare professional will screen your blood pressure and blood oxygen levels.

MEDICARE/MEDICAID GUIDANCE

Are you new to Medicare or considering retirement? The Area Agency on Aging 1-B Medicare Medicaid Assistance Program (MMAAP) provides unbiased help with Medicare and Medicaid — at no charge. Please call 800-803-7174 for more information. Counselors can help over the phone or you can make an appointment to meet with a MMAAP counselor in person.

NUTRITION SUPPORT

Ensure Plus (vanilla or chocolate flavor) is offered at a reduced price with a physician's prescription and application. Please call the Next office for more information or to place your order.

PARKINSON'S SUPPORT GROUP

Mondays, November 10th, and December 8th at 5:30 pm

The South Oakland County Parkinson's Support Group, sponsored by the Michigan Parkinson's Foundation, is a group of people who meet to learn more about Parkinson's disease and the services available. This group brings together people with a common bond. So many people say, "And I thought I was the only one with this problem." Come for camaraderie, support, and learn from each other. Groups include people with PD, care partners, friends, families and health professionals. Facilitated by the Michigan Parkinson's Foundation staff. For more information call 248-419-7170.

LOW VISION SUPPORT GROUP

Henry Ford Health Detroit Institute of Ophthalmology

Wednesdays, November 19 and December 17 from 1:00 – 2:30pm

Free to Members and Future Members

This support group provides a comfortable environment to discuss the challenges of living fully with visual impairment. The group meets monthly to discuss their successes and challenges in daily life. Speakers on appropriate topics present occasionally as well. Many friendships have developed within the group. On occasion, the group takes day trips and attends parties. All of this is made possible by the fund-raising of the Friends of Vision and grants. Please feel free to call Ashley Livshiz (Support Group Coordinator) with any questions. Office: 313-936-1969/ Mobile: 313-909-8724.

MEALS ON WHEELS

To get information on this program, call Western Oakland Meals on Wheels at 248-223-9160. We are looking for additional volunteers to help package and deliver meals. So, if you're available, please call Judy Murrell at 248-203-5281. Your help is needed and would be appreciated!

YOUNGER ONSET DEMENTIA & ALZHEIMER'S CAREGIVER SUPPORT GROUP

At this time, there are no scheduled dates. Please contact Cindy Beller at 586-453-1909 for additional information. Presented by the Michigan Chapter of the Alzheimer's Association.

MEDICAL EQUIPMENT LOANS

Our loan closet contains wheelchairs, walkers, canes, bath benches, shower stools and commodes available for up to 3 months — and transport wheelchairs for 3 weeks — at no charge to members of Next. Guests pay a \$20 fee per item. Simply call to reserve the equipment you need.

NURSE ON CALL

This program offers information about health-related resources. Oakland County Health Department Public health nurses answer questions regarding communicable diseases, immunizations, prescription assistance, nutrition and more. Call 800-848-5533 or email noc@oakgov.com.

EARLY STAGE MEMORY LOSS SUPPORT GROUP

The Alzheimer's Association offers support groups for people in early stages of Alzheimer's or related dementias. Care partners and family members are welcome to attend the virtual meetings. Please call 800-272-3900 for pre-assessment.

COMMUNITY HOUSING TOURS



Join us to tour local senior living communities. There are many wonderful options in the area and this is a great opportunity to gather information. You will be picked up and returned to Next and we will enjoy a complimentary lunch as part of the tour! Please call Next at 248-203-5270 to make a reservation if you would like to join us. Our housing tours will resume in the Spring!!!



SUPPORT SERVICES

INFORMATION ABOUT COMMUNITY RESOURCES

Support Services are available to Next members, seniors in the community, in-town and out-of-town family members, and caregivers. Come in or call with any questions; we are here to help with resources, information, and referrals in a wide range of areas. Sandi Cassar and Pat Brooks in Support Services welcome you Monday through Thursday, 9:00 am to 4:00 pm and Friday, 9:00 am to 3:00 pm.

TRANSPORTATION

Door-to-door transportation service is available for seniors and disabled adults residing in Birmingham, Beverly Hills, Bingham Farms, and Franklin. Our friendly Next drivers will take you to medical, dental, personal appointments, shopping or activities at Next. Transportation hours are 8:30 am to 5:00 pm, Monday through Thursday — and 8:30 am to 2:00 pm on Fridays. For reservations, please call 248-203-5270 at least three working days in advance to request a ride.

LAWN MOWING & SNOW REMOVAL for Birmingham & Beverly Hills Residents

Lawn mowing and snow removal services are available for income-eligible seniors — and income-eligible disabled residents — in Birmingham and Beverly Hills funded under the Community Development Block Grant Program (CDBG). Enrollment is limited and only available as long as funding is available. Please call Sandi Cassar or Pat Brooks at Next for more information.

LET'S HEAR FROM YOU!

Support Services often refers Next members to reputable companies that provide services for home repairs, such as plumbing, electrical, handyman work, cleaning, etc. If you have a licensed and insured company to recommend, please call to share your contact. It's a great service to other Next and community members.

FINANCIAL ASSISTANCE

Michigan Seniors Benefits Enrollment Center can help find services and programs to ease the strain of a tough financial situation. All recommendations are based on individual situations. Call 800-347-5297 to discover what may be available.

MINOR HOME REPAIR for Beverly Hills & Birmingham Residents

Community Development Block Grant funds are available to assist income-eligible seniors — and income-eligible disabled residents in Birmingham and Beverly Hills with minor home repairs. Please call Next Support Services for more information.

FOUNDATION FOR BIRMINGHAM SENIORS

The Foundation provides two forms of financial assistance to Birmingham senior residents who income-qualify. Please call us for more information.

- Funding for minor home repairs such as handrail installations, plumbing, roof, electrical work, etc. These funds do not need to be repaid.
- Interest-free loans for major home repairs such as replacing a roof, furnace, windows, etc. These no-interest loans are repaid after the sale of the home.

OAKLAND COUNTY EMERGENCY CELL PHONE PROGRAM

Cell phone distribution: Fridays from 9:00 am to 12:00 noon Oakland County Sheriff's Office, 1200 N. Telegraph Road, Building 38E, Pontiac MI 48341
Providing seniors with a mobile means of getting help in an emergency. For more information, please call 248-975-9700



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CARDS, TILES, COLLECTORS

SHANGHAI RUMMY

Tuesdays at 1:00 pm

Shanghai rum is a Rummy card game, based on gin rummy and a variation of Contract rummy played by 3 to 8 players. It is also known as California rummy. All skill levels welcome. For additional information contact Beverly Sankey at beverlyonline@comcast.net.

MAH JONGG

Mondays from 1:00 to 4:00 pm

Fridays from 1:00 to 3:00 pm

Come with your own Mah Jongg table partner or stop by the office to sign up if you would like to play. You must be able to play independently. If you are interested in joining a group, contact the Next office.

EUCHRE

Wednesdays from 10:00 am to 12:00 noon

All skill levels welcome. For additional information, contact Ed Schouten at Edward.schouten@gmail.com

DOUBLE DECK PINOCHLE

Wednesdays from 10:00 am to 12:00 noon

All skill levels welcome. For additional information, contact Ed Schouten at Edward.schouten@gmail.com

CANASTA

Tuesdays and Thursdays from 12:00 noon to 2:00 pm

Cost: Complimentary members / \$5 guests

Join fellow Next members to play Canasta. Play this unique and fun card game with a few competitive Next friends!

PINOCHLE...come and join the fun! NOTE TIME CHANGE

Mondays, Wednesdays and Fridays from 12:00 to 3:00 pm

All skill levels welcome. For additional information, contact Ed Schouten at edward.schouten@gmail.com.

SOCKI

Tuesdays from 12:30 to 3:00 pm

Socki is a card game for 2-8 players that plays like an open-faced gin rummy with a few unique twists. Join this group for a fun and exciting game that is easy to learn.

BINGO

Monday, November 3, 17 and December 1, 15 at 1:00 pm

Admission cost: \$2 per card for members and guests

Cost to play: \$2 per card for members and guests

Join the fun for eight games of regular Bingo with your fellow Next members and their guests. Kindly sponsored by Baldwin House.

BRIDGE...for everyone at every level!

Duplicate Bridge - Mondays from 11:15 am to 2:30 pm

Facilitator Helen Cook can be reached at hccook1951@gmail.com.

Partners Bridge - Tuesdays from 12:30 to 3:30 pm

Come with your partner. Experienced players, please. For additional information, facilitators John and Elaine Hretz can be reached at 248-569-2336.

Duplicate Bridge - Fridays from 11:00 to 2:00 pm

For additional information, contact Facilitator Irv Feldman at 248-828-5346.

CHESS...JOIN THE FUN!

Tuesdays from 1:00 to 3:00 pm

Beginners to advanced players are invited to play!

CHESS LESSONS

Thursdays from 4:00 to 5:00 pm

Cost: Complimentary members / \$5 guests

Interested in learning the game of chess? Join members of the Chess Club to learn this game! For additional information, please contact Chris Dow at 248-647-0728.

CHESS CLUB

Thursdays from 5:00 to 7:00 pm

Cost: Complimentary members / \$5 guests

This club seeks to bring together people who have an interest in chess. Fellow Next members Chris Dow and Bruce Dobras will be teaching tactics and positioning. For additional information, please contact Chris Dow at 248-647-0728.

BIRMINGHAM STAMP CLUB

Tuesdays, November 4, 18 and December 2, 16 at 5:30 pm

For information contact Ken Rusch at 248-968-3505.

COIN CLUB

Wednesdays, November 19 and December 17 at 6:00 pm

For information contact Robert Beuter at 248-646-9657

COMPUTER LAB & LESSONS

Cost for all computer instruction: \$5 for one hour and \$20 for 5 one-hour sessions. Members only.

We offer one-on-one computer instruction on one of our many computers by one of our talented instructors. Please contact the Next office to schedule an appointment and purchase your computer card. The Computer Lab will be available during Next business hours.



ENRICHMENT

POPULAR READS BOOK CLUB - AT NEXT AND ON ZOOM

Mondays, November 3 and December 1 at 1:00 pm

Rebekah Craft, Director of the Baldwin Public Library, leads book discussions of popular books. The November book selection is *Isola by Allegra Goodman* and FAVORITE books of the year meeting in December. Register at Next — and Baldwin Public Library will provide the book.

NON-FICTION BOOK GROUP (via Zoom)

Tuesday, November 11 at 10:00 am

There is no meeting in December

Facilitated by Jaclyn Miller, Associate Director of the Baldwin Public Library, join us to discuss Beverly Hills Spy: *The Double-Agent War Hero Who Helped Japan Attack Pearl Harbor* by Ronald Drabkin in November, and there will not be a meeting in December. Register at Next and Baldwin Public Library will provide the book.

WOMEN'S ROUNDTABLE

Tuesdays at 11:00 am

Join us to get to know other women here at Next. This group will give women the opportunity to gather in the spirit of friendship and camaraderie.

MEN'S ROUNDTABLE

Wednesdays at 9:00 am

Men of Next gather together for an opportunity to enjoy each other's company.

WRITER'S CORNER

Thursdays, November 6, 20 and
December 4, 18 from 9:30 am to 11:30 am

Join a diverse group of Next members who share a common interest in writing. For additional information, contact facilitator Bob Erlandson's email at rferlandson@gmail.com.

CURRENT EVENTS DISCUSSION GROUP

Fridays at 12:00 noon

With so much going on in the world today, it can be difficult to keep up with it all. Come join other members in this casual discussion group about current events.

TUESDAY JAZZ CLUB

Tuesdays from 3:00 pm to 4:30 pm

Did you know that we have a jazz band that practices at Next? The Ed Black Jazz Band! They love having an audience – so feel free to drop in and enjoy some great tunes!

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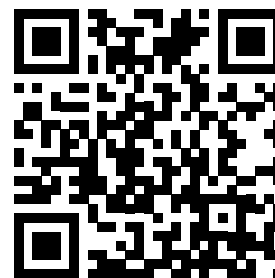
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STREAMING @ NEXT!

BRILLIANT CORNERS: CHINA

Tuesday, November 4 at 10:30 am

Cost: Complimentary members / \$5 guests

This is an adventure series presented by travel writer, explorer, and professional surfer Sam Bleakley. Sam uses his surfing experience as a gateway to shine a spotlight on various communities and cultures across the globe. In this episode, Sam explores Chinese cuisine, culture, and surfing, and offers a never before seen look at this fascinating nation.

Length 51 minutes.

TRUMP'S TRADE WAR (2019)

Tuesday, November 18 at 10:30 am

Cost: Complimentary members / \$5 guests

A documentary by the PBS series FRONTLINE and NPR, this film investigates the escalating trade war between the U.S. and China during the first Trump administration. It details the events that brought the world's two largest economies to the brink, and highlights the high financial stakes.

Length: 55 minutes.

THE CHAIN: FOOD

Tuesday, December 2 at 10:30 am

Cost: Complimentary members / \$5 guests

Season one, episode one of this documentary series exploring global supply chains focuses on restaurant food. In Texas, chefs compete in the World Food Championships to make the perfect hamburger. Behind this simple five-dollar meal is complex supply chain story. This episode reveals the extraordinary supply chains behind tomatoes, beef patties, bread and ketchup. Length 49 minutes.

CIRQUE DU SOLEIL: WITHOUT A NET

Tuesday, December 16 at 10:30 am

Cost: Complimentary members / \$5 guests

As Cirque du Soleil reboots its flagship production more than a year after an abrupt shutdown, performers and crew members face uncertainty as they work to return to their world-class standards in time for the (re)opening night in Las Vegas. With unfettered access, filmmaker Dawn Porter captures the dramatic journey of the world's most famous circus act on its way back from the brink.

Length: 1 hour, 35 minutes.



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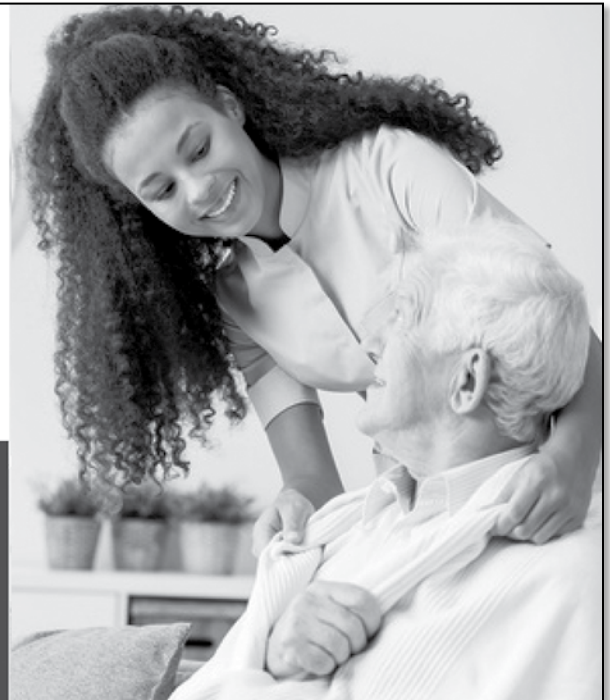
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- ▶ As a reminder, if the Birmingham schools are closed due to inclement weather, Next will also be closed.

THANK YOU FOR SUPPORTING NEXT!

MEMORIALS

Kathy Walgren in memory of
Marjorie DeCapite.

GOODS AND SERVICES: Robert Erlandson

INDIVIDUALS

Rock Abboud, Prospero and Fran Dagbovie,
Darlene Diavanni, Karen Dietrich,
Anita (DeMarco) Goor,
Sharon Gorski, Kristi Hansen,
Kathryn Krajicek,
Dolores Kornblum,
Pam Rijnovean, Michael Seltzer.

MEET OUR NEWEST MEMBERS

We continue to spread the word about Next membership and are pleased to introduce you to our newest members:

Frank Annessa, Beverly Applebaum, Terry Barclay,
Barbara Bolton and Sue Bolton-Smith,
Laurent and Valerie Bresson, Taylor Burleson and
Carol Chadwick, Pierre Choussat, Marlene Easton,
John Flechter, Jeff and Eileen Frazier, Marcy Hahn,
Sharon Hicks, Tom and Sharon Kaiser,
Marc and Randi Kruman, Guoshuh Lee, Jennifer Lewis,
Dan and Beth McGarry, Scott and Therese Novell,
Mary Margaret O'Donnell, Mike Rooney, Karen Rousseaux,
Melvin Small, Bob and Melinda Smith, Gloria Stamper,
Kenneth Stransky, Kristine Thompson, Margaret Van Meter,
Kristina Williams, Marta Woodford.

WELCOME BACK

We are excited to catch up with those members who are reconnecting with Next:

Douglas and Janet Ashley, Elaine Hazel, ShirleyLabrenz,
Roshan Massoumi, Miranda McCulley-Smith, Mary Ottney,
Thomas and Meryl Rackley, Finese Roberts,
William and Sharon Roy, Karen Sansone, Millie Saylor.

FROM THE NEXT STAFF - Thank you for making Next a great place to be!

Cris Braun, Executive Director
Kathleen Tillson, Office Supervisor
Sara Callender, Staff Assistant
Bev Singer, Staff Assistant
Lauren Northrop, Marketing & Communications
Jolee Hentgen, Program Planner
Pam Hall, Program Planner
Sandy Catterall, Financial Administrator
Sandi Cassar, Support Services
Pat Brooks, Support Services
Kim Holmes, Facility Operations
Calvin Moss, Van Driver
Clement Travicz, Van Driver
Judy Murrell, Meals on Wheels

POLICY REMINDERS

- ▶ Please pre-register for all Next programs. It helps us plan for seating, class materials and refreshments. No refunds given after a program or speaker presentation. We are not able to offer classes or programs on a prorated basis.
- ▶ For our new and existing members, the Next Member Policy Handbook is available on our website and in the office. Thank you for adhering to the Next member policies — and for your commitment to making Next the best place to stay active & connected!
- ▶ While Next is unable to endorse any of the products or services of our newsletter sponsors, we appreciate the support of these businesses.

We are thinking of you...

Christine Burnard, Irv Feldman, Elaine Hretz,
Dorothy Pfeifer, Bob Smith, Bob White
and Gayle Zimmerer.

Our condolences to the family and friends of...

Gloria Benaglio, Suann Darmody and Sue Chapman.

NEXT — YOUR PLACE TO STAY ACTIVE & CONNECTED IN NOVEMBER 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 9:30 Stretch & Relax 10:00 Limber Up 10:00 Knitting & Crocheting 10:15 Line Dancing 11:00 Blood Pressure 11:15 Duplicate Bridge 12:00 Pinochle 12:30 Pickleball 1:00 Cardio Dance 1:00 Popular Reads 1:00 Bingo 1:00 Mah Jongg 3:00 Trivia Time! 4:30 Pickleball	4 9:00 Low Impact Aerobics 10:00 Strength Training 10:30 Streaming: China 11:00 Womens Roundtable 12:00 Canasta 12:30 Socki 12:30 Partners Bridge 1:00 Chess 1:00 Shanghai Rummy 1:00 Studio Art 1:30 Chair Yoga and Meditation 3:00 Jazz Club 4:00 Yoga For Well Being 4:30 Pickleball 5:30 Stamp Club 6:00 Performance: Dances of India Next Gym	5 9:00 Men's Roundtable 9:15 Flow Yoga 10:00 Limber Up 10:00 Double Deck Pinochle 10:00 Needle Arts Open Studio 10:00 Double Deck Pinochle 10:00 Euchre 12:00 Pinochle 1:00 Adventures in India 1:00 Balanced Yoga for Wellness 1:30 Tai Chi - Beginner 1:30 Tennis - Mixed Doubles 3:00 Beginner Tap Dance - New! 4:00 Advanced Spanish 4:30 Pickleball 5:00 Movie: Sunday Best: The Untold Story of Ed Sullivan	6 9:00 Low Impact Aerobics 9:30 Writer's Corner 9:30 Pottery Studio 9:30 Palette & Brush Club 10:00 Strength Training 10:00 The Parade Company Tour 12:00 Canasta 12:30 Pickleball 1:00 Studio Art 1:00 Bowling League 1:00 Navigating the Tides of Power 1:30 Chair Yoga and Meditation 4:00 Chess Lessons 4:30 Pickleball 5:00 Chess Club 6:00 Lecture: Feasting on Art by Wendy Evans	7 9:15 Friday Fitness 10:00 Limber Up 10:00 Tai Chi - Intermediate 11:00 Tai Chi - Beginner 11:00 Duplicate Bridge 12:00 Current Events 12:00 Pinochle 12:30 Pickleball 1:00 Mah Jongg 1:00 Barre Balance 1:30 Tennis - Mixed Doubles
10 9:30 Stretch & Relax 10:00 Limber Up 10:00 Knitting & Crocheting 10:15 Line Dancing - NO Class today 11:15 Duplicate Bridge 12:00 Pinochle 12:30 Pickleball 1:00 Mah Jongg 1:00 Cardio Dance - New! 4:30 Pickleball 5:30 Parkinson's Support	11 9:00 Low Impact Aerobics 10:00 Non-Fiction Book Club 10:00 Strength Training 10:00 Drawing Workshop - Let's Explore Faces 11:00 Womens Roundtable 12:00 Canasta 12:30 Socki 12:30 Partners Bridge 1:00 Chess 1:00 Shanghai Rum 1:00 Studio Art 1:30 Chair Yoga and Meditation 3:00 Jazz Club 4:00 Yoga For Well Being 4:30 Pickleball	12 9:00 Men's Roundtable 9:15 Flow Yoga 10:00 Limber Up 10:00 Double Deck Pinochle 10:00 Euchre 10:00 Needle Arts Open Studio 11:15 Henry Ford Culinary School Holiday Buffet 12:00 Veteran Burial Benefits 12:00 Pinochle 1:00 Balanced Yoga for Wellness 1:00 Basket Class - Holiday Basket 1:30 Tennis - Mixed Doubles 1:30 Tai Chi - Beginner 2:00 Ask the Attorney 3:00 Beginner Tap Dance - New! 4:00 Advanced Spanish 4:30 Pickleball 5:00 Movie: My Oxford Year	13 9:00 Low Impact Aerobics 9:30 Pottery Studio 9:30 Palette & Brush Club 10:00 Strength Training 10:00 Photography Club 11:00 Royal Oak Market-Art Fair Edition 12:00 Canasta 12:30 Pickleball 1:00 Action Plan in an Emergency 1:00 Bowling League 1:30 Chair Yoga and Meditation 4:00 Chess Lessons 4:30 Pickleball 5:00 Chess Club 6:00 Lecture: Michigan Central Station Restoration Project	14 9:15 Friday Fitness 10:00 Limber Up 10:00 Tai Chi - Intermediate 11:00 Tai Chi - Beginner 11:00 Duplicate Bridge 12:00 Current Events 12:00 Pinochle 12:30 Pickleball 1:00 Mah Jongg 1:00 Barre Balance 1:30 Tennis - Mixed Doubles
17 9:30 Stretch & Relax 10:00 Limber Up 10:00 Knitting & Crocheting 10:15 Line Dancing 11:00 Blood Pressure 11:15 Duplicate Bridge 12:00 Pinochle 12:30 Pickleball 1:00 Cardio Dance 1:00 Bingo 1:00 Mah Jongg 4:30 Pickleball	18 9:00 Low Impact Aerobics 10:00 Strength Training 10:00 Drawing Workshop - Let's Explore Faces 10:30 Streaming: Trump's Trade War 11:00 Womens Roundtable 12:00 Canasta 12:30 Socki 12:30 Partners Bridge 1:00 Chess 1:00 Shanghai Rum 1:30 Chair Yoga and Meditation 3:00 Jazz Club 4:00 Yoga For Well Being 4:30 Pickleball 5:30 Stamp Club	19 9:00 Men's Roundtable 9:15 Flow Yoga 10:00 Limber Up 10:00 Needle Arts Open Studio 10:00 Double Deck Pinochle 10:00 Euchre 11:30 Lunch & Learn: Seniors and Social Media 1:00 Pinochle 1:00 Low Vision Support 1:00 Balanced Yoga for Wellness 1:30 Tennis -Mixed Doubles 1:30 Tai Chi - Beginner 3:00 Beginner Tap Dance - New! 3:00 Bingo 2.0 4:00 Advanced Spanish 4:30 Pickleball 5:00 Movie: You've Got Mail 6:00 Coin Club	20 9:00 Low Impact Aerobics 9:30 Pottery Studio 9:30 Palette & Brush Club 9:30 Writer's Corner 10:00 Strength Training 11:00 Detroit Holiday Markets at Cadillac Square 12:00 Seasonal Affective Disorder (SAD) 12:00 Canasta 12:30 Pickleball 1:00 Bowling League 1:30 Chair Yoga and Meditation 4:00 Chess Lessons 4:30 Pickleball 5:00 Chess Club 6:00 Lecture: History of the Blues and Performance	21 9:15 Friday Fitness 9:15 DSO- The Billy Joel Songbook 10:00 Limber Up 10:00 Tai Chi - Intermediate 11:00 Tai Chi - Beginner 11:00 Duplicate Bridge 12:00 Current Events 12:00 Pinochle 12:30 Pickleball 1:00 Barre Balance 1:00 Mah Jongg 1:30 Tennis - Mixed Doubles
24 Spread the Love Food Collection 9:30 Stretch & Relax 10:00 Limber Up 10:00 Knitting & Crocheting 10:15 Line Dancing 11:15 Duplicate Bridge 12:00 Pinochle 12:30 Pickleball 1:00 Cardio Dance 1:00 Mah Jongg 4:30 Pickleball	25 Spread the Love Food Drive 9:00 Low Impact Aerobics 10:00 Strength Training 10:00 Drawing Workshop - Let's Explore Faces 11:00 Womens Roundtable 12:00 Canasta 12:30 Socki 12:30 Partners Bridge 1:00 Chess 1:00 Shanghai Rum 1:30 Chair Yoga and Meditation 3:00 Jazz Club 4:00 Yoga For Well Being 4:30 Pickleball	26	27	28
Next Closed HAPPY THANKSGIVING!				

NEXT — YOUR PLACE TO STAY ACTIVE & CONNECTED IN DECEMBER 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 9:30 Stretch and Relax 10:00 Limber Up 10:00 Knitting & Crocheting 10:15 Line Dancing 11:00 Blood Pressure 11:15 Duplicate Bridge 12:00 Pinochle 12:30 Pickleball 1:00 Popular Reads Book Club 1:00 Cardio Dance 1:00 Bingo 1:00 Mah Jongg 4:30 Pickleball	2 9:00 Low Impact Aerobics 10:00 Strength Training 10:00 Drawing Workshop - Let's Explore Faces 10:30 Streaming: The Chain: Food 11:00 Womens Roundtable 12:00 Canasta 12:30 Socki 12:30 Partners Bridge 1:00 How to Thrive In Spite of It All 1:00 Chess 1:00 Shanghai Rummy 1:30 Chair Yoga and Meditation 3:00 Jazz Club 4:00 Yoga For Well Being 4:30 Pickleball 5:30 Stamp Club	3 9:00 Men's Roundtable 9:15 Flow Yoga 10:00 Limber Up 10:00 Needle Arts Open Studio 10:00 Double Deck Pinochle 10:00 Euchre 12:00 Pinochle 12:30 Nerve Pain: Strategies to Improve Symptoms 1:00 Balanced Yoga for Wellness 1:30 Tai Chi - Beginner 1:30 Tennis - Mixed Doubles 3:00 Beginner Tap Dance - New! 4:00 Advanced Spanish 4:30 Pickleball 5:00 Movie: Me Before You	4 9:00 Low Impact Aerobics 9:30 Writer's Corner 9:30 Pottery Studio 9:30 Palette & Brush Club 10:00 Strength Training 10:00 Pewabic Museum and Gift Shop and Lunch at Sinbad's 12:00 Canasta 12:30 Pickleball 1:00 Bowling League 1:30 Chair Yoga and Meditation 4:00 Chess Lessons 4:30 Pickleball 5:00 Chess Club 6:00 Lecture: Tariffs and International Relations	5 9:15 Friday Fitness 10:00 Limber Up 10:00 Tai Chi Intermediate 11:00 Tai Chi - Beginner 11:00 Duplicate Bridge 12:00 Current Events 12:00 Pinochle 12:30 Pickleball 1:00 Barre Balance 1:00 Mah Jongg 1:30 Tennis - Mixed Doubles
8 9:30 Stretch and Relax 10:00 Limber Up 10:00 Knitting & Crocheting 10:15 Line Dancing 11:15 Duplicate Bridge 12:00 Pinochle 12:30 Pickleball 1:00 Cardio Dance 1:00 Mah Jongg 3:00 Trivia Time! 4:30 Pickleball 5:30 Parkinson's Support Group	9 9:00 Low Impact Aerobics 10:00 Strength Training 10:00 NO non-fiction book group meeting for December 11:00 Senior Life Advisor Council 11:00 Womens Roundtable 12:00 Canasta 12:30 Socki 12:30 Partners Bridge 1:00 Chess 1:00 Shanghai Rummy 1:30 Chair Yoga and Meditation 3:00 Jazz Club 4:00 Yoga For Well Being 4:30 Pickleball 6:00 Performance: Haitian Folkloric Dance	10 9:00 Men's Roundtable 9:15 Flow Yoga 10:00 Limber Up 10:00 Needle Arts Open Studio 10:00 Double Deck Pinochle 10:00 Euchre 12:00 Pinochle 1:00 Detroit Public Theatre Holiday Cabaret 1:00 Balanced Yoga for Wellness 1:30 Tai Chi - Beginner 1:30 Tennis - Mixed Doubles 2:00 Ask the Attorney 3:00 Beginner Tap Dance 4:00 Advanced Spanish 4:30 Pickleball 5:00 Movie: The Family Stone	11 9:00 Low Impact Aerobics 9:30 Pottery Studio 9:30 Palette & Brush Club 10:00 Strength Training 10:00 Photography Club 12:00 Cancer Screening & Prevention 12:00 Canasta 12:30 Pickleball 1:00 Bowling League 1:30 Chair Yoga and Meditation 4:00 Chess Lessons 4:30 Pickleball 5:00 Chess Club 6:00 Lecture: Sustainability in Birmingham	12 9:15 Friday Fitness 9:15 DSO - Home For The Holidays 10:00 Limber Up 10:00 Tai Chi Intermediate 11:00 Tai Chi - Beginner 11:00 Duplicate Bridge 12:00 Current Events 12:00 Pinochle 12:30 Pickleball 1:00 Mah Jongg 1:00 Barre Balance 1:30 Tennis - Mixed Doubles
15 9:30 Stretch and Relax 10:00 Limber Up 10:00 Knitting & Crocheting 10:15 Line Dancing 11:00 Blood Pressure 11:15 Duplicate Bridge 12:00 Pinochle 12:30 Pickleball 1:00 Cardio Dance 1:00 Bingo 1:00 Mah Jongg 4:30 Pickleball	16 9:00 Low Impact Aerobics 10:00 Strength Training 10:30 Streaming: Cirque Du Soleil 11:00 Womens Roundtable 12:00 Canasta 12:30 Socki 12:30 Partners Bridge 1:00 Nancy Drew/Carolyn Keene: Revisited 1:00 Chess 1:00 Shanghai Rummy 1:30 Chair Yoga and Meditation 3:00 Jazz Club 4:00 Yoga For Well Being 4:30 Pickleball 5:30 Stamp Club	17 9:00 Men's Roundtable 9:15 Flow Yoga 10:00 Limber Up 10:00 Needle Arts Open Studio 10:00 Double Deck Pinochle 10:00 Euchre 10:10 Cathedral of the Most Blessed Sacrament/The Red Hook 12:00 Pinochle 1:00 Low Vision Support Group 1:00 Balanced Yoga for Wellness 1:30 Tai Chi - Beginner 1:30 Tennis - Mixed Doubles 3:00 Beginner Tap Dance 3:00 Bingo 2.0 4:00 Advanced Spanish 4:30 Pickleball 5:00 Movie: Four Christmases 6:00 Coin Club	18 9:00 Low Impact Aerobics 9:30 Palette & Brush Club 9:30 Writer's Corner 9:30 Pottery Studio 10:00 Strength Training 12:00 Canasta 12:30 Pickleball 1:00 Bowling League 1:00 Cozy Holiday Favorites Concert 1:30 Chair Yoga and Meditation 4:00 Chess Lessons 4:30 Pickleball 5:00 Chess Club 6:00 Lecture: The Good Roads Movement	19 9:15 Friday Fitness 10:00 Limber Up 10:00 Tai Chi - Intermediate 11:00 Tai Chi - Beginner 11:00 Duplicate Bridge 12:00 Current Events 12:30 Pickleball 12:00 Pinochle 12:30 Pickleball 1:00 Barre Balance 1:00 Mah Jongg 1:30 Tennis - Mixed Doubles
22 9:30 Stretch and Relax 10:00 Limber Up 10:00 Knitting & Crocheting 10:15 Line Dancing 11:15 Duplicate Bridge 12:00 Pinochle 12:30 Pickleball 1:00 Cardio Dance 1:00 Mah Jongg 4:30 Pickleball	23 9:00 Low Impact Aerobics 10:00 Strength Training 11:00 Womens Roundtable 12:00 Canasta 12:30 Socki 12:30 Partners Bridge 1:00 Chess 1:00 Shanghai Rummy 1:30 Chair Yoga and Meditation 3:00 Jazz Club 4:00 Yoga For Well Being 4:30 Pickleball	24	25	26
Next Closed HAPPY HOLIDAYS!				
29 9:30 Stretch and Relax 10:00 Limber Up 10:00 Knitting & Crocheting 10:15 Line Dancing 11:15 Duplicate Bridge 12:00 Pinochle 12:30 Pickleball 1:00 Cardio Dance 1:00 Mah Jongg 4:30 Pickleball	30 9:00 Low Impact Aerobics 10:00 Strength Training 11:00 Womens Roundtable 12:00 Canasta 12:30 Socki 12:30 Partners Bridge 1:00 Chess 1:00 Shanghai Rummy 1:30 Chair Yoga and Meditation 3:00 Jazz Club 4:00 Yoga For Well Being 4:30 Pickleball	31	Next Closed HAPPY NEW YEAR!	



Your Place to Stay Active & Connected

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PROJECT WARMTH

December 1 - January 5

Join the Next community this holiday season as we collect warm items for adults and children in need, as well as blankets and towels for our furry friends in the shelter. Gloves, mittens, scarves, hats and socks for all ages are much appreciated. Please make sure the items are new. The animal shelter welcomes donations of gently-used or new fleece blankets and towels. All items may be placed in the collection boxes located in the Next lobby. Thank you in advance for your generosity!



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Next does not discriminate on the basis of disability in admission or access to its programs, activities or services as required by Title II of the American Disabilities Act of 1990 and is an Equal Opportunity Provider and Employer.

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HOURS

Monday through Thursday
from 8:30 am to 7:30 pm
Friday
from 8:30 am to 3:00 pm

HOLIDAY HOURS

Next will be closed to observe holidays. Be sure to check calendars for specific dates and times.

MEMBERSHIP DUES

Residents of Birmingham, Bingham Farms, Beverly Hills, and Franklin
\$55/year Single Membership
\$70/year Family Membership
All Other Communities
\$80/year Single Membership
\$95/year Family Membership

Sign up for programs, classes, membership or make a donation to Next by logging on to BirminghamNext.org