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NOVEMBER / DECEMBER 2021

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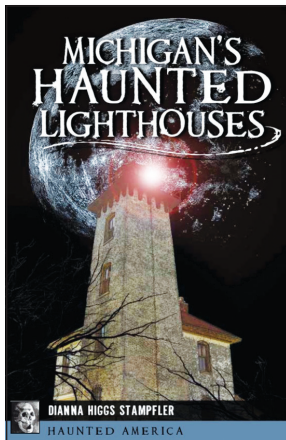
## **CELEBRATE THE SEASONS AT NEXT!**

Let's get together and enjoy the changing of the seasons and the special holidays we celebrate!

### **MICHIGAN'S HAUNTED LIGHTHOUSES**

Thursday, November 4 at 1:30 pm

Cost: Complimentary members / \$5 guests



What is it about lighthouses that attract ghostly spirits? Maybe it's simply a passion that will not go away. Lighthouse keepers were known to be extremely dedicated to their profession and it seems that many were never able to give it up, even after death! More than 30 lighthouses in Michigan are rumored to be haunted. From the smell of cigar smoke at Seul Choix Pointe Light to the mysterious

housekeeping at White River Light Station and the antics at Waugoshance Shoal, these stories will entertain us all. This popular program with author Dianna Stampfler comes from her book, *Michigan's Haunted Lighthouses*.

### **FALL HARVEST SOCIAL**

Tuesday, November 9  
at 12:00 pm

Cost: Complimentary

Join us in the Next lobby for delicious donuts and cider from the Franklin Cider Mill and an opportunity to meet other Next members. You can't beat the great combination of the beauty of fall in Michigan, cider, donuts and friends! Let's celebrate together!



### **HOLIDAY SHOPPING AT POST**

Thursday, December 9 - Registration required

Bus departs Next at 11:30 am, returns about 1:30 pm

Cost: \$5 members / \$8 guests

Founded in 2012, Mutual Adoration is a multi-faceted independent business specializing in producing, selling, and teaching contemporary craft. In 2017 they transformed a former US Post Office into an open concept production studio, retail shop, and venue for craft workshops. This hub of creative energy on Detroit's East side is known simply as POST. POST carries over 300 brands, all from independent makers and artisans. Their products are all made by hand, in small batches. POST also offers workshops and classes, in all aspects of contemporary craft. If you're just starting or wrapping up your Holiday shopping, join us to go check out Detroit's best place to shop small. Find something truly SPECIAL!

### **HOLIDAY TEA PARTY**

Tuesday, December 14 at 12:30 pm

Cost: \$5 members / \$10 non-members

Tea is best when experienced with friends! Please join us for this very special event featuring a variety of delicious teas, served in lovely teacups, accompanied by delectable treats. This is a wonderful opportunity to relax and enjoy the holiday season. Then sit back and enjoy the old school romantic comedy, *The Philadelphia Story*.



### **SOUNDS OF CHRISTMAS: A Holiday Sing-Along**

Thursday, December 16 at 1:00 pm

Cost: Complimentary members / \$5 guests

Join us for a lively and celebratory welcome to Christmas as we sing our way through a patchwork of memories of this very special holiday. Kerry Price, who has an extensive background in music and music education in our area and beyond, will lead us through her seasonal sing-along program. Kerry has performed all over the country and is currently the Music Director at a local church.



## HAPPENINGS AT NEXT

### PEACE OF MIND SEMINAR

Thursday, November 11 at 11:30 am

Cost: Complimentary members / \$5 guests

We invite you to learn how planning may shield your family from unnecessary emotional and financial burden. Join us for a light meal and learn more about pre-arrangements, Veteran benefits, cremation, burials, and more. Presented by Mike Smela, Advanced Funeral Planner with A.J. Desmond & Sons.

### TRIVIA TIME!

Mondays, November 15 and December 13 from 3:00 to 5:00 pm

Cost: Complimentary members / \$5 guests

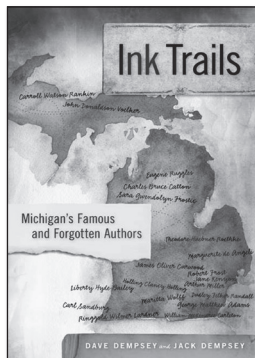
Enjoy an afternoon of trivia with a professional trivia host. Teams will enjoy friendly competition and a chance to win bragging rights.

### INK TRAILS: Michigan's Famous & Forgotten Authors

Thursday, November 18 at 1:00 pm

Cost: Complimentary members / \$5 guests

Michigan has served as a cradle of creativity for many authors! *Ink Trails* takes a look at our State's literary heritage, examining authors who crafted poetry, novels and won Pulitzers! Join author Jack Dempsey as he shares his passion for expanding Michigan's reputation to include culture in the form of books, writing and literature that deserves to be read. Jack and his brother are working on a third in the series and are looking for reader suggestions for candidates!



### MEMBER MEET & GREET

Thursday, December 2 at 1:00 pm

Cost: Complimentary

Join us for coffee and treats to hear about all the great opportunities we offer and learn about our Next website. This is a fun way to meet other Next members!

### TUESDAY JAZZ

Tuesdays from 2:30 to 4:00 pm

Did you know that we have a jazz band that practices at Next? The Ed Black Jazz Band! They love having an audience — so feel free to drop in and enjoy some great tunes!

### DETROIT: Early Detroit History

Thursday, December 9 at 12:30 pm

Cost: Complimentary members / \$5 guests

Robert E. Sullivan, Jr., Attorney and sixth generation Detroiters has taught a History of Detroit class at the International Institute of Metropolitan Detroit and at Macomb Community College for several years. In this program, Mr. Sullivan will lead discussion of Detroit's primitive man, the fur trade, Chief Pontiac's attack, the 1805 fire and many other historical events leading up to 1926 that have contributed to the rich history of Detroit!



## HEALTH SERIES

### LET'S TALK ABOUT GRIEF

Tuesday, November 30 at 1:00 pm

Cost: Complimentary members / \$5 guests

Join Dr. Micky Golden Moore, M.S.H.P. for her presentation on the subject of grief, loss and the rediscovery of life's possibilities. This presentation includes Dr. Moore's personal story, myths about mourning, suggestions for supporting a grieving person, musical interludes, poetry — as well as a group discussion, where attendees are invited to share their stories and photos. Dr. Golden Moore's background includes 20 years as a university instructor in the field of speech communication, Master's in Hospice and Palliative Care (M.S.H.P.), hospital chaplain and newly published author. Her unique background and current role as a hospital chaplain supporting patients and families in the midst of the pandemic, make her the ideal presenter on this tender topic.

### THE HIDDEN PAYOUT OF EATING ORGANIC

Wednesday, December 15 at 12:30 pm

Cost: Complimentary members / \$5 guests

Are you sick and tired of being, well, sick and tired? Is your weight all over the charts? Overwhelmed by health care expenses? Many people believe that buying conventionally processed food saves them money — but does it really? Where do we spend that money? Doctor's bills? Surgeries? Prescriptions and supplements? Energy drinks? In this class you will learn the lesser known facts about eating organic. We will teach you not only how to improve your physical health, but your financial health as well. Aaron Wallace, CEO of Balance Your Fitness, returns to Next to share his expertise about how to live life at your highest potential.



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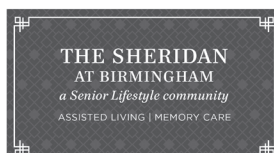
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# THE JEFFARES SPEAKER SERIES

PLEASE NOTE: We have updated our website! Speakers can now be found under the Activities tab in the Speakers category.

## November 4 - CHINA

**Gus Mondalek, International Expert  
& Religious Scholar**

This presentation will look at the present and future geopolitical status of China and the relationship with neighboring countries. The strategic goals of China in the early 21st century pertain to security reassurance, access to energy resources and national image building. Since 2008, China has become immensely confident of its own socio-economic accomplishments and scornful of what it perceives as an American conspiracy to undermine its rise to power. Beijing has used international commercial activities and business contracts to achieve specific political, strategic and diplomatic objectives. Is China on the cusp of a cold war, economical war, armed conflict or status quo with the West and their allies, led by the United States?



## November 18 - COMING OF AGE IN PRISON

**Wendi Johnson, B.A., M.A., Ph.D., Associate Professor  
of Criminal Justice - Oakland University**

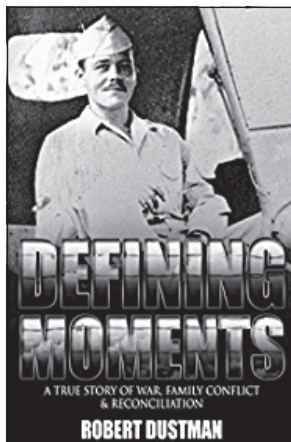
Criminal justice reform has recently moved to the forefront of conversations on social policy. Join Dr. Wendi Johnson as she shares three case studies of men who were incarcerated during late adolescence, served more than 25 years each in prison and have since been released. This conversation will consider the implications of past criminal justice policy on the lives of these men, including how it affected their transition to adulthood and subsequent return to mainstream society. Dr. Johnson will also discuss a few of the current criminal justice policy reforms and how these may work to improve outcomes for those exiting prison and society as a whole.



## November 11 - DEFINING MOMENTS: A True Story of War & Family

**Robert Dustman, Author, Producer,  
Television & Radio Journalist**

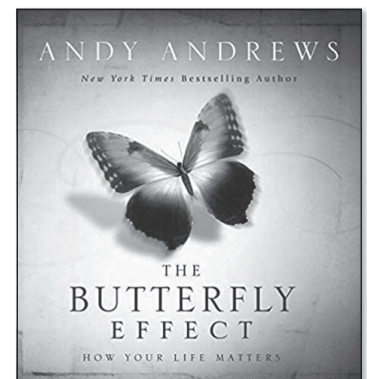
Join Robert Dustman for an intimate personal portrait of his father, a young, native boy from rural Ohio and his life-altering odyssey through the jungles of the South Pacific during World War II. Robert will share letters his father wrote to his family from 1940 to 1945. Robert will also share how, after the War, his once close, middle class family became estranged as a result of unforeseen, but preventable events. Robert will also share some interesting stories from his seventeen-year experience working closely with L. Brooks Patterson, Oakland County Executive.



## December 2 - THE BUTTERFLY EFFECT & HISTORIC PRESERVATION

**Ron Campbell, Preservation Architect -  
Oakland County**

You make a difference and everything you do matters. Small, seemingly inconsequential acts have the power to change the world. From the work of MIT Professor Edward Lorenz and examples from Andy Andrew's book of the same name come stories of the spontaneous acts that have had profound effects in history. Translate that idea to historic preservation and trace the acts of a few individuals whose actions have made a difference for future generations.



248.321.2120 TheJeffaresGroup.com 275 S. Old Woodward, Downtown Birmingham



## Presented by Stuart Jeffares at Max Broock Realtors

Join us on Thursdays at 6:00 pm

Cost: Complimentary members / \$5 guests



### December 9 - ABOUT YOUR BETTER BUSINESS BUREAU

**Ashely Gibbard, Marketing  
Coordinator - Better Business  
Bureau Serving Eastern Michigan**

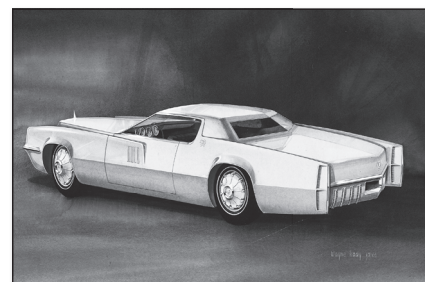
Ms. Gibbard will present the origins of the Better Business Bureau, evolution and strategies moving forward. This presentation will also cover the value of accreditation and the level of commitment to continue accreditation. We will talk about business reputation management, BBB's standards of trust, and how the BBB works with businesses and consumers to handle complaints or disputes that may arise. We will also learn about the Better Business Bureau educational foundation and the different programs BBB provides, as well as some things BBB is going to be working on in the future.



### December 16 - DETROIT STYLE: Car Design in the Motor City 1950-2020 via Zoom

**Carlene VanVoorhies, Detroit Institute of Arts Docent**

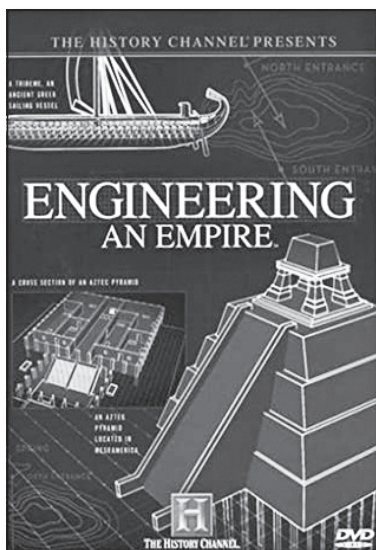
At this presentation, enjoy the same level of insight and engagement about the Detroit Style exhibit at the Detroit Institute of Art that you would enjoy at the museum. You will experience the



iconic car styles of Detroit during the past seventy years through the eyes of the car designer who created them. Feel the excitement of designing cars for the future, the impact of incorporating cultural style trends, technologies and the responsibility of creating comfortable and efficient vehicles. This exciting Detroit Institute of Arts presentation is only available for a limited time!



## THE BEST OF CURRENT STREAMING AT NEXT



### ENGINEERING AN EMPIRE SERIES

Wednesdays at 10:30 am

*Engineering an Empire* is a History Channel series that explores the engineering and/or architectural feats that were characteristic of some of the greatest societies on this planet.

#### November 3 - The Rise & Fall of Carthage

Carthage, a remarkable city-state that dominated the Mediterranean for over 600 years, harnessed their extensive resources to develop some of the ancient world's most groundbreaking technology.

#### November 10 - How Alexander the Great Conquered the World

The year is 438 BC. The Parthenon is complete. This masterpiece is an achievement for the Greek people. Without Alexander the Great, however, it's possible Greece's Golden Era would have been just a footnote in history.

#### December 1 - The Rise & Fall of the Roman Empire

At the height of its power the Roman Empire stretched across 15 time zones, incorporated nearly 160 different ethnicities, and made up one sixth of the entire world's landmass.

#### December 8 - The Aztecs

In less than 200 years the Aztecs transformed themselves from a band of wandering nomads to one of the greatest civilizations the Americas had ever known.



## FITNESS OFFERINGS

### TAI CHI FOR HEALTH

Fridays from 10:00 to 11:00 am

Cost 10 drop-in classes: \$80 members / \$90 guests

Cost 1 drop-in class: \$10

Tai Chi is an internal (soft) style martial art that has been shown by scientific studies to improve one's physical health. It increases circulation, improves balance, and promotes a calm state of mind. Tai Chi for Health concentrates on improving your physical being through exercise while increasing your concentration and relaxation at the same time. Tai Chi is especially good for those with mobility issues as it can be done effectively seated. This class, taught by Cheryl Goodwin, Tai Chi for Health Institute certified instructor, is appropriate for all ages, body types and abilities. Cheryl is certified in the areas of Tai Chi for Arthritis, Tai Chi for Fall Prevention, and Seated Tai Chi.

### LINE DANCING! JOIN THE FUN!

Mondays from 10:15 am to 12:00 noon

Cost 10 drop-in classes: \$80 members / \$90 guests

Cost 1 drop-in class: \$10

Dance Instructor, Christine Stewart invites you to join her in exercising body and mind by learning new steps and line dances as you move to different types of music.

### LIMBER UP

Mondays, Wednesdays and Fridays at 10:00 am

Cost: Complimentary

This chair-based stretching and fitness video class is all about keeping limber and enjoying the company of good friends.

### CHAIR YOGA with Karen Lutz

Wednesdays at 1:00 pm

Cost 10 drop-in classes: \$80 members / \$90 guests

Utilizing a chair to sit and to stand beside for support, we will gently stretch and breathe our way into our body. Through this gentle practice, we will release tension and tightness, increase flexibility, strength, body awareness, range of motion and balance, while promoting a feeling of relaxation and calm.

### MAT YOGA with Karen Lutz

Tuesdays from 4:00 to 5:00 pm

Cost 10 drop-in classes: \$80 members / \$90 guests

All levels are welcome to learn gentle, adaptable yoga moves that help improve your breathing practices, core strength, balance and flexibility.

### MINDFULNESS & MEDITATION with Karen Lutz

Wednesdays at 2:15 pm - Sessions last 30 to 60 minutes

Cost: Complimentary - Donations to Next appreciated.

Begin or deepen your meditation practice in a safe, welcoming environment.

### CHAIR YOGA & MEDITATION with Caryn Ciagne

Tuesdays and Thursdays from 1:00 to 2:00 pm

Cost 10 drop-in classes: \$80 members / \$90 guests

Utilizing a chair to sit and to stand beside for support, we will gently stretch and breathe our way into our body. Through this gentle practice, we will release tension and tightness, increase flexibility, strength, body awareness, range of motion and balance, while promoting a feeling of relaxation and calm.

### WEDNESDAY FLOW YOGA with Caryn Ciagne

Wednesdays from 9:15 to 10:15 am

Cost 10 drop-in classes: \$80 members / \$90 guests

A slow yet strong flow practice suitable for all who may be interested in expanding their yoga practice. This class will explore sun salutations, traditional standing, seated and supine postures to strengthen, improve balance, stretch and calm one's presence. Please bring a yoga mat, water, yoga blocks, strap and an optional towel.

### FRIDAY FITNESS with Caryn Ciagne

Fridays from 9:00 to 10:00 am

Cost 10 drop-in classes: \$80 members / \$90 guests

Let's get moving! We'll move around the Seaholm track together (weather permitting) and utilize the fence and benches and other props for stretches and strength work. If Mother Nature doesn't cooperate, we will have the class indoors. Either way, we will incorporate stretching, balance and strengthening. Park and check-in at Next.

### TENNIS LEAGUE - MIXED DOUBLES

Wednesdays and Fridays from 1:30 to 3:30 pm

Next members enjoy indoor play at the Birmingham Racquet Club as a regular league player or sub. Always looking for new players. If you are interested, please contact David Young at davidmpyoung@gmail.com or 248-229-5015.

### BOWLING LEAGUE

Thursdays at 9:30 am - Cost: \$10 - Members only

All levels welcome for bowling and camaraderie at Country Lanes at 30250 West Nine Mile Road, Farmington Hills. Cost includes three games, shoes and coffee. No need to register, just drop in. Contact Bob Borgon at 248-388-1191 for more information on the submission.

### PICKLEBALL

Cost: Complimentary - Members only

Monday, Thursday and Friday from 12:30 to 3:00 pm

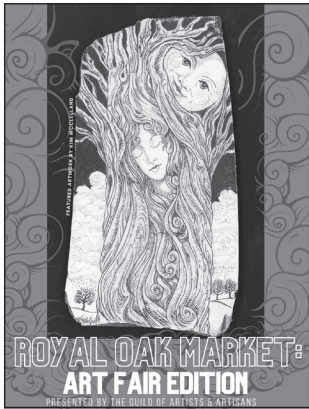
Monday through Thursday from 4:30 to 7:30 pm



## DAY TRIPS

### ROYAL OAK MARKET: ART FAIR EDITION

Thursday, November 11 - Registration required  
Bus departs Next at 11:30 am, returns about 1:30 pm  
Cost: \$5 members / \$8 guests



Now in its sixth year, this jury selected show will take place indoors at the Royal Oak Farmers Market and feature 60 artists! We will take an hour and a half to peruse ceramics, jewelry, glass, painting, mixed media, fiber/fabric, wood, photography, leather, drawing, digital art, metals and more! In addition to wonderful fine art, fairgoers will enjoy live entertainment, food trucks, craft beer, and free admission which makes it a fun and festive place to get a head start in purchasing a gift of fine "design" for someone for the holidays.

### HOLIDAY BUFFET AT FIFTY ONE-O-ONE HENRY FORD COLLEGE CULINARY SCHOOL

Wednesday, November 17 - Registration required  
Bus departs Next at 11:15 am, returns about 2:15 pm  
Cost: \$5 members / \$8 guests (for transportation only)

Savor this delicious Holiday Buffet skillfully prepared and served by HFCC students. The menu draws its inspiration from local farms and markets, focusing on exceptional ingredients at the peak of their season. The restaurant provides a fast-paced, realistic environment to practice the crafts of cooking, baking, pastry and guest service. This buffet is the perfect kick-start, for your taste buds, to the holiday season! Come as you are, and participate in the education of the next generation of Detroit's great chefs. Your lunch is to be paid for individually and will cost approximately \$16.00 plus tip per person. Bon Appetit!



#### DAY TRIP & OVERNIGHT TRAVEL POLICIES

- Registration is not complete until payment is received.
- Once tickets have been purchased, refunds will only be given if we are able to fill your spot or trip is cancelled.
- For cancelled trips \$5 or less, a credit will be given.
- Participants needing special accommodations must have a registered companion.



### DETROIT SYMPHONY ORCHESTRA Morning Coffee Concerts are back!

Bus departs Next at 9:45 am,  
returns about 1:30 pm  
Cost: \$60 members / \$66 guests  
Please pre-register, space is limited.

**DSO requires proof of vaccination or negative Covid test to attend concerts in the Max and Orchestra Hall.**

#### Friday, November 19 - The Streisand Songbook

Platinum Award-winning singer-songwriter Ann Hampton Callaway celebrates the music of Barbara Streisand — one of America's most powerful and enduring musical artists. Singing timeless classics from five decades of Barbara Streisand's multi-faceted career, Callaway crafts a loving musical portrait of the icon.

#### Friday, December 17 - Home for the Holidays

Share Detroit's favorite holiday musical tradition with family and friends and thrill to the spectacle of the season. Stuart Chafetz returns to lead a sparkling celebration with carols and classics that sells out year after year — and yes, Virginia, there will be a Santa Claus!

#### Friday, January 7 - The Music of Billy Joel

Handpicked by Billy Joel to star in the hit Broadway musical *Movin' Out*, Michael Cavanaugh received both Tony and Grammy nominations for the role. Named "the new voice of the American Rock and Roll Songbook" by Billboard, Cavanaugh covers all of the hits.

### KIRK IN THE HILLS TOUR

Thursday, December 2 - Registration required  
Bus departs Next at 10:40 am, returns about 12:45 pm  
Cost: \$15 members / \$20 guests

We will visit and take a one-and-a-half-hour docent led tour of Kirk in the Hills, the dream and vision of Col. Edwin S. George. Colonel George, a Detroit businessman, gifted his home and estate (Cedarholm) in 1947, intending the Kirk to be a community church serving the area. View the Pewabic ceramic tile, Marshall Fredrick's Sculptures and the tower, which houses the world's largest carillon of 77 bells. The gothic-style church was patterned after the once famous 13th century Melrose Abbey in Scotland, and is one of the last truly Gothic structures built in America.







## ART & CREATIVITY

### **MIXED MEDIA: Collage Assemblage**

**Mondays, January 10 through February 28**  
**from 5:00 to 7:00 pm**

**Cost 8-week class: \$120 members / \$128 guests**

Next welcomes mixed-media artist and instructor Marat Paransky — whose studio practice includes sculpture, painting, drawing, photography and other media. Marat's artwork falls into one of several themed projects including research-based work on social issues, text pieces about the art world, and more spontaneous assemblages of found materials. This class will cover the techniques and thinking behind 2D collage, 3D assemblage and everything in between. There will be technical instruction through demos, discussion of examples in books and slideshows and studio time to work on projects. Students will need to scavenge for their own raw materials and purchase some basic supplies. All skill levels welcome and a supply list is available in the Next office.

### **PAINTING WITH ACRYLICS & OILS**

**Tuesdays, January 11 through March 15**  
**from 9:30 am to 12:00 noon**

**Cost 10-week class: \$175 members / \$185 guests**

**Beginners through advanced students.**

Artist and instructor Karen Halpern guides students in painting varied subjects. There will be assignments, instruction about color theory, painting techniques, and design. Individual attention will help you develop your work. Bring to first class: a small sketch pad, #2 desk pencil; "Marsmatic" eraser; painting supplies; a canvas 18"x 24" or 24"x 30" or larger; and a lightweight portable table easel, if you work upright. Ask for supply list in the Office.

### **PHOTOGRAPHY CLUB**

**Tuesdays, November 16 and December 21**  
**from 10:00 am to 12:00 noon**

**Cost: Complimentary members / \$5 guests**

The Next Photography Club seeks to bring people together who have an interest in photography. For information, contact Ed Morykwas at [Ed@riveroftime.net](mailto:Ed@riveroftime.net) or Joyce Harding at [joyceharding6@gmail.com](mailto:joyceharding6@gmail.com).

### **WATERCOLOR PAINTING WORKSHOP**

**Wednesdays, January 12 through March 16**  
**from 2:00 to 4:00 pm**

**Cost 10-week class: \$145 members / \$155 guests**

**Beginners and experienced students.**

Noted Michigan Artist Karen Halpern, will teach lessons, one each week, in which you paint a variety of subjects. They provide fundamentals, and stretch your abilities. Color mixing, color theory, design, and painting techniques, will guide you as you develop your art. Students work at their own level of ability, in a supportive setting. Ask for supply list when you register.



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### **WOODWARD HILLS**

AN OPTALIS HEALTH & REHABILITATION CENTER

39312 Woodward Ave., Bloomfield Hills, MI 48304  
248-644-5522

### **EVERGREEN**

AN OPTALIS HEALTH & REHABILITATION CENTER

19933 W. 13 Mile Rd., Southfield, MI 48076  
248-203-9000

[www.optalishealthcare.com](http://www.optalishealthcare.com)

## PALETTE & BRUSH CLUB

Thursdays from 9:30 am to 12:30 pm

The group is currently at capacity; however, if you are interested in joining the club, please contact [paletteandbrush.org](http://paletteandbrush.org).

## STUDIO ART

Thursdays, January 13 through March 17  
from 1:00 to 3:30 pm

Cost 10-week class: \$175 members / \$185 guests

Not for beginning students. Work with materials you are already familiar with via prior class instruction.

Bring your own subject, reference material, and the supplies you typically work with. No assignments. Instructor Karen Halpern will foster critical thinking, and make suggestions to guide you, as you advance with your individualized project. Her goal is to broaden your viewpoint, and develop your skills and knowledge. Students generally use materials such as acrylics, oils, water-color or collage. Bring your own lightweight portable easel, if you work upright. If you are a returning student, plan to start a fresh piece of work this semester!

## KNITTING & CROCHETING OPEN STUDIO

Mondays at 10:00 am

Enjoy lively discussion with this group of lovely ladies. Tips and ideas shared! The knitters have created beautiful hand knit goods that are available for purchase and would be a very special gift! All sales benefit Next!

## OPEN ART STUDIO

Tuesdays from 1:00 to 4:00 pm

Join fellow Next members for camaraderie and enjoy the creative synergies that come from being with other talented artists.

## NEEDLE ARTS OPEN STUDIO

Wednesdays at 10:00 am

A great group for quilting, needlepoint, sewing and cross-stitch! All levels welcome!

## POTTERY OPEN STUDIO

Thursdays from 10:00 am to 12:30 pm

Enjoy the Open Studio to develop your beautiful pottery projects.

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# FEATURE FILMS

**Wednesday Evenings @ 5:00 pm**

**Cost: Complimentary members / \$5 guests - Please register!**

## **November 3 - *PUZZLE***

From the producers of Little Miss Sunshine, *Puzzle* is the story of Agnes who is taken for granted as a suburban mother — but discovers a passion for solving jigsaw puzzles which unexpectedly draws her into a new world where her life unfolds in ways she could never have imagined. Starring Kelly Macdonald and Irfan Khan.

Rated PG 2 hours 8 minutes

## **November 10 - *UNDER THE SAND***

For many years, Marie and Jean have happily spent their vacation together in the Landes region of western France. But this summer, while Marie naps on the beach, her husband goes swimming and vanishes without a trace. Tenaciously and disquietingly, Marie keeps the memory of her husband alive, often speaking of him as though he never disappeared. This is an offbeat study of grieving starring acclaimed British actress Charlotte Rampling. Received 93% Rotten Tomatoes score! Not Rated 1 hour 36 minutes

## **November 17 - *THE WAR WITH GRANDPA***

In this fun comedy, Peter and his grandpa (Robert DeNiro) used to be very close but when Grandpa Jack moves in with the family, Peter is forced to give up his most prized possession: his bedroom. Peter will stop at nothing to get his room back, scheming with friends to devise pranks to drive him out. However, grandpa doesn't give up easily, and it turns into an all-out war between the two. Also starring Uma Thurman, Christopher Walken and Jane Seymour.

Rated PG 1 hour 38 minutes

## **December 1 - *TONI MORRISON: THE PIECES I AM***

This documentary, starring Toni Morrison and Oprah Winfrey, is an artful and intimate meditation on the legendary storyteller. It also examines her life, her works and the powerful themes she has confronted throughout her literary career as told by this famous author, her friends and colleagues.

Rated PG13 2 hours

## **December 8 - *NEWS OF THE WORLD***

Five years after the end of the Civil War, Captain Kidd (Tom Hanks), a veteran of three wars, now moves from town to town as a non-fiction storyteller, sharing the news of presidents and queens, glorious feuds, devastating catastrophes and gripping adventures from the far reaches of the globe. On the plains of Texas, he crosses paths with Johanna, a 10-year-old taken in by the Kowa people six years earlier and raised as one of their own. Johanna, hostile to a world she's never experienced, is being returned to her biological aunt and uncle against her will. Kidd agrees to deliver the child where the law says she belongs. As they travel hundreds of miles, the two face tremendous challenges of both human and natural forces as they search for a place that either can call home.

Rated PG13 1 hour 58 minutes

## **December 15 - *PINOCCHIO***

Shot in stunning Italian locations, Matteo Garrone's rich world of mystery and wonder stars Academy Award winning actor Roberto Benigni as Geppetto, the old woodcarver whose puppet creation, Pinocchio tumbles from one misadventure to another as he is tricked, kidnapped and chased by bandits through a wonderful world full of imaginative creatures — from the belly of a giant fish, to the Land of Toys and the Field of Miracles.

Rated PG13 2 hours 5 minutes

## **HOLIDAY FILM FEST**

**Films begin at 1:00 pm**

**Cost: Complimentary**

### **Monday, December 27 *GAME NIGHT***

A group of friends who meet regularly for game nights find themselves entangled in a real-life mystery when the shady brother of one of them is seemingly kidnapped by dangerous gangsters. Starring Jason Bateman and Rachel McAdams.

Rated R 1 hour 40 minutes

### **Tuesday, December 28 *WHAT ABOUT BOB?***

A successful psychotherapist loses his mind after one of his most dependent patients, an obsessive-compulsive neurotic, tracks him down during his family vacation. Starring Bill Murray and Richard Dreyfuss.

Rated PG 1 hour 39 minutes

### **Wednesday, December 29 *LAST HOLIDAY***

The discovery that she has a terminal illness prompts Georgia Byrd to reflect. She withdraws her life savings and jets off to Europe where she lives like a millionaire and charms everyone she meets! Starring Queen Latifah and LL Cool J.

Rated PG13 1 hour 52 minutes





## ENRICHMENT

### POPULAR READS BOOK CLUB via Zoom

Mondays, November 1 and December 6 at 1:00 pm

Rebekah Craft, Director of the Baldwin Public Library, leads book discussions of popular books. The November book selection is *The Night Watchman* by Louise Erdrich — and the December book selection is *A Slow Fire Burning* by Paula Hawkins. Register at Next — and Baldwin Public Library will provide the book.

### NON-FICTION BOOK GROUP via Zoom

Tuesdays, November 9 and December 14 at 10:00 am

Facilitated by Mick Howey, Adult Services Librarian, join us to discuss *Why We Can't Sleep* by Ada Calhoun in November and *A Game of Birds and Wolves* by Simon Parkin in December. Register at Next and Baldwin Public Library will provide the book!

### WRITER'S CORNER

Thursdays, November 4, 18 and December 2, 16  
from 9:30 to 11:00 am

Join Next members who love to share their common interest in writing. Read your material and get constructive feedback. The first meeting of the month will take place in person at Next. The second meeting will be conducted via Zoom. For additional information, contact facilitator Sara Burnside at 248-649-1813.

### SENIOR MEN'S CLUB OF BIRMINGHAM HOLIDAY PARTY

Tuesday, December 14 at 5:30 pm - Cost: \$60 per person

The Senior Men's Club of Birmingham has invited members of Next to join them at their Annual Holiday Party at the San Marino Club on Big Beaver. The evening includes dinner, dancing and holiday music with a sing-along. Tickets are available on the Next website (credit cards) and in the Next office (checks).

### WOMEN'S ROUNDTABLE

Tuesdays at 11:00 am

Join us to get to know other women here at Next. This group will give women the opportunity to gather in the spirit of friendship and camaraderie.

### MEN'S ROUNDTABLE

Wednesdays at 9:00 am

Men of Next gather together for an opportunity to enjoy each other's company.

### CURRENT EVENTS DISCUSSION GROUP

Fridays at 12:00 noon

With so much going on in the world today, it can be difficult to keep up with it all. Come join other members in this casual discussion group about current events.

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## CARDS, TILES, COLLECTORS

### MAH JONGG

**Mondays from 10:30 am to 12:30 pm and 1:00 to 4:00 pm  
Fridays from 1:00 to 3:00 pm**

Come with your own Mah Jongg table partner or stop by the office to sign up if you would like to play. You must be able to play independently. If you are interested in joining a group, contact the Next office.

### AMERICAN MAH JONGG LESSONS

**Resumes Wednesdays, January 5, 12, 19 and 26**

**Cost: \$35 members / \$40 guests**

Join the excitement of learning the game of Mah Jongg with Rackeline Hoff, an experienced teacher who enjoys teaching the game. Mah Jongg is a table game that originated in China and is played with a colorful set of tiles. You will find Mah Jongg to be a challenging game of both chance and strategy and it's sure to be one you will enjoy learning. Participants will need to bring with them a 2021 National Mah Jongg card or you can purchase one from the instructor for \$9 on the first day of class.

### CANASTA LESSONS

**Wednesdays, November 10, 17 and December 1, 8  
from 10:00 am to 12:00 noon**

**Registration required - 8 person maximum for class**

**Cost: 4-week series - \$5 members / \$8 guests**

Canasta is a unique card game in several ways: each card has a scoring value that is most often not the numerical value of the card; some cards have special uses; and suits are not relevant. This game involves melding, adding to melds and the right to take the whole discard pile. Join fellow Next member Karen Falck and learn the objective, how to play, playing as teams, and the other basics of this fast-paced, high-scoring and unpredictable card game. Once mastered you'll have a great way to pass the time with a few competitive friends.

### PINOCHLE...come and join the fun!

**Mondays, Wednesdays and Fridays from 12:00 noon to 2:00 pm**

All skill levels welcome. For additional information, contact Ed Schouten at [edward.schouten@gmail.com](mailto:edward.schouten@gmail.com).

### SOCKI

**Tuesdays from 12:30 to 2:30 pm**

Socki is a card game for 2-8 players that plays like an open-faced gin rummy with a few unique twists. Join this group for a fun and exciting game that is easy to learn.

## BINGO

Mondays, November 1, 15 and December 6, 20 at 1:00 pm

Admission cost: Complimentary members / \$2 guests

Cost to play: \$2 per card for members and guests

Join the fun for eight games of regular Bingo with your fellow Next members and their guests. Kindly sponsored by Baldwin House.

## BRIDGE...for everyone at every level!

**Duplicate Bridge** - Mondays from 11:15 am to 2:30 pm

Facilitator Al Rosie

**Partners Bridge** - Tuesdays from 12:30 to 3:30 pm

Come with your partner. Experienced players, please.

**Duplicate Bridge** - Fridays from 11:00 to 2:00 pm

For additional information, contact Facilitator Irv Feldman at 248-828-5346.

## CHESS...JOIN THE FUN!

Tuesdays from 1:00 to 3:00 pm

Beginners to advanced players are invited to play!

## CHESS CLUB

Thursdays from 4:00 to 7:00 pm

Lessons: 4:00 to 5:00 pm

Open Play: 5:00 to 7:00 pm

Cost: Complimentary members / \$5 guests

This club seeks to bring together people who have an interest in chess. Fellow Next members Chris Dow and Bruce Dobras will be teaching tactics and positioning. For additional information, please contact Chris Dow at 248-647-0728.

## BIRMINGHAM STAMP CLUB

Tuesdays, November 2, 16 and December 7, 21 at 5:30 pm

For information contact Ken Rusch at 248-968-3505.

## COIN CLUB

Wednesday, November 17 and December 15 at 6:00 pm

For information contact Robert Beuter at 248-646-9657.

## COMPUTER LAB & LESSONS

Cost for all computer instruction: \$5 for one hour or \$20 for 5 one-hour sessions. Members only

We offer one-on-one computer instruction on one of our many computers by one of our talented instructors. Please contact the Next office to schedule an appointment and purchase your computer card. The Computer Lab will be available during Next business hours.

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## SUPPORT SERVICES

### INFORMATION ABOUT COMMUNITY RESOURCES

Support Services are available to Next members, seniors in the community, in-town and out-of-town family members, and caregivers. Come in or call with any questions; we are here to help with resources, information, and referrals in a wide range of areas. Sandi Cassar and Pat Brooks in Support Services welcome you Monday through Thursday, 9:00 am to 4:00 pm and Friday, 9:00 am to 3:00 pm.

### ASK THE ATTORNEY

Tuesdays, November 2 and December 7 from 1:00 to 1:45 pm

Local attorney Ed Pugh will be at Next to provide assistance with your legal questions. Please call Next to schedule your complimentary 15-minute appointment. Only available to Next members.

### TRANSPORTATION

Door-to-door transportation service is available for seniors and disabled adults residing in Birmingham, Beverly Hills, Bingham Farms, and Franklin. Our friendly Next drivers will take you to medical, dental, personal appointments, shopping or activities at Next. Transportation hours are 8:30 am to 5:00 pm, Monday through Thursday — and 8:30 am to 2:00 pm on Fridays. For reservations, please call 248-203-5270 at least three working days in advance to request a ride.

### FINANCIAL ASSISTANCE

Michigan Seniors Benefits Enrollment Center can help find services and programs to ease the strain of a tough financial situation. All recommendations are based on individual situations. Call 800-347-5297 to discover what may be available.

### MINOR HOME REPAIR

#### for Beverly Hills & Birmingham Residents

Community Development Block Grant funds are available to assist income-eligible seniors — and income-eligible disabled residents — in Birmingham and Beverly Hills with minor home repairs. Please call Next Support Services for more information.



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### FOUNDATION FOR BIRMINGHAM SENIORS

The Foundation provides two forms of financial assistance to Birmingham senior residents who income-qualify. Please call us for more information.

- Funding for minor home repairs such as handrail installations, plumbing, roof, electrical work, etc. These funds do not need to be repaid.
- Interest-free loans for major home repairs such as replacing a roof, furnace, windows, etc. These no-interest loans are repaid after the sale of the home.

### LAWN MOWING & SNOW REMOVAL

#### for Birmingham & Beverly Hills Residents

Lawn mowing and snow removal services are available for income-eligible seniors — and income-eligible disabled residents — in Birmingham and Beverly Hills funded under the Community Development Block Grant Program (CDBG). Enrollment is limited and only available as long as funding is available. Please call Sandi Cassar or Pat Brooks at Next for more information.

### OAKLAND COUNTY EMERGENCY CELL PHONE PROGRAM

Cell phone distribution: Fridays from 9:00 am to 12:00 noon  
Oakland County Sheriff's Office, 1200 N. Telegraph Road,  
Building 38E, Pontiac MI 48341

Providing seniors with a mobile means of getting help in an emergency. For more information, please call 248-975-9700.

### LET'S HEAR FROM YOU!

Support Services often refers Next members to reputable companies that provide services for home repairs, such as plumbing, electrical, handyman work, cleaning, etc. If you have a licensed and insured company to recommend, please call to share your contact. It's a great service to other Next and community members.

### CHRISTMAS DINNER FOR PICKUP

#### at Christ Church Cranbrook in Bloomfield Hills

Saturday, December 25 from 11:00 am to 1:00 pm

Cost: Complimentary

Christ Church Cranbrook is offering carry out Christmas dinners free of charge to those in need. This will be a drive through service on Christmas day. Please call Shirley Green at 248-644-5210 to make a reservation.



## HEALTH & NUTRITION

### BLOOD PRESSURE & BLOOD OXYGEN CLINIC

Monday, November 1 and December 6

from 11:00 am to 12:00 noon

Cost: Complimentary - No appointment is required.

A trained healthcare professional will screen your blood pressure and blood oxygen levels.

### MEDICARE/MEDICAID GUIDANCE

Are you new to Medicare or considering retirement? The Area Agency on Aging 1-B Medicare Medicaid Assistance Program (MMAP) provides unbiased help with Medicare and Medicaid — at no charge. Please call 800-803-7174 for more information. Counselors can help over the phone or you can make an appointment to meet with a MMAP counselor in person.

### VISION ENRICHMENT SUPPORT GROUP

This support group will resume in the future. Please call the Next office at 248-203-5270 for additional information.

### NUTRITION SUPPORT

Ensure Plus (vanilla or chocolate flavor) is offered at a reduced price with a physician's prescription and application. Please call the Next office for more information or to place your order.

### MEALS ON WHEELS

To get information on this program, call Oakland Meals on Wheels at 248-689-0001. We are looking for additional volunteers to help package and deliver meals. So, if you're available, please call Judy Murrell at 248-203-5281. Your help is needed and would be appreciated!

### PARKINSON'S SUPPORT GROUP

Mondays, November 8 and December 13 at 6:00 pm

The South Oakland County Parkinson's Support Group, sponsored by the Michigan Parkinson's Foundation, is a group of people who meet to learn more about Parkinson's disease and the services available. This group brings together people with a common bond. So many people say, "And I thought I was the only one with this problem." Come for camaraderie, support, and learn from each other. Groups include people with PD, care partners, friends, families and health professionals. Facilitated by the Michigan Parkinson's Foundation staff and Steve McMahon, an individual who has Parkinson's. For more information call 248-433-1011.



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## HEALTH & NUTRITION

### YOUNGER ONSET DEMENTIA & ALZHEIMER'S CAREGIVER SUPPORT GROUP

Wednesdays, November 17 and December 15  
from 5:30 to 7:00 pm

This group is for spouses, children, parents or siblings who care for an individual under the age of 65 years, who has been diagnosed with Alzheimer's disease or any other progressive dementia. This group creates a safe, confidential, supportive environment and offers a chance for participants to share words of encouragement and help each other develop coping skills and learn to solve problems. Please contact Cindy Beller at 586-453-1909 for additional information. Presented by the Michigan Chapter of the Alzheimer's Association.

### MEDICAL EQUIPMENT LOANS

Our loan closet contains wheelchairs, walkers, canes, bath benches, shower stools and commodes available for up to 3 months — and transport wheelchairs for 3 weeks — at no charge to members of Next. Guests pay a \$20 fee per item. Simply call to reserve the equipment you need.

### COMMUNITY HOUSING TOUR

Join us to tour local senior living communities. There are many wonderful options in the area and this is a great opportunity to gather information. You will be picked up and returned to Next and we will enjoy a complimentary lunch as part of the tour! Please call Next at 248-203-5270 to make a reservation if you would like to join us.



### Pomeroy Independent Living

Wednesday, November 10 - Bus departs at 11:00 am

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## THANK YOU FOR SUPPORTING NEXT!

### INDIVIDUALS

Gloria Baykian, Chris Blackwell, Nancy Buck, Chris Burnard, Joan Cascade, Jane Conway, Anita (DeMarco) Goor, Kenneth and Sharon Gorski, Susan Hill, Brad and Laura Host, Maurice Lefford, Jacqueline Patt, Pamela Rossiter, Noah Rothenberg, David Underdown.

### GOODS & SERVICES

Ron and Marilyn Cantin, Charles and Judy Nave, Janice Pinson.

## MEET OUR NEWEST MEMBERS

Britt (Elsa) Andersson, Jackie Blake, Ann Bollan, Jane Bowman, Christine Burnard, Julie Busch, Michael Clift, Ed and Pat Coe, Linda Constantino, Richard and Denise David, Donnel and Janet Dickerson, Michael Donovan, Patricia Duff, Anita Ehrenfried, Renee Foley, Elaine Fontana, Lisa Gaulzetti, Sondra Gordon, Karyn Haas, Jeff and Debbie Hasenau, Donna Hayes, Geoffrey and Susan Hill, Sylvia Houlahan, Barbara Joiner, Gretchen Klotz, Nancy LaBella, Patricia Maddock, Intessar Monsour-Winn, Timothy and Kathleen Martin, Cathy McQueen, Marcia Murphy, Rob Olson, Martha Ann Ottolini, Priscilla Pettengill, Brian Pinner, Ellen Poglits, Mary Power, Vdurga Rao, Pamela Rijnovean, Claudio Roveroni, Jane Runyon, Barbara Ann Shapiro, Erma Shepherd, Fayroian Sherry, Nancy Sivy, Sally Sommerfeld, Charles Sower, William and Judy Spicer, Elizabeth Sylvester, Rachel Taylor, Linda Thomas, Libby Weingarden, Pat Wierzbicki and Richard Wise.

## THE NEXT STAFF

**It's our honor to serve you!**

Cris Braun, Executive Director  
Pat Brooks, Support Services  
Sara Callender, Office Support  
Sandi Cassar, Support Services  
Sandy Catterall, Financial Administrator  
Virgil Colman, Van Driver  
Susan Gwizdz, Marketing & Communications  
Jolee Hentgen, Program Planner  
Kim Holmes, Facility Operations  
Terri McCardell, Program Planner  
Calvin Moss, Van Driver  
Judy Murrell, Meals on Wheels  
Fletcher Reliford, Van Driver  
Bev Singer, Office Support  
Kathleen Tillson, Office Supervisor

## Our condolences to the family and friends of...

Pat Andrews, Priscilla Benson, Frank Kutinsky and Sue Lenker.

**Our thoughts are with you...** Phyllis Clark, Jeanette Drumm, Joyce Ford, Kathy Franco, Rosemary Kaechle, Judy Murrell and Alice Trocke.

## POLICY REMINDERS

- For our new and existing members, the Next Member Policy Handbook is available on our website and in the office. Thank you for adhering to the Next member policies — and for your commitment to making Next the best place to stay active & connected!
- Please pre-register for all Next programs. It helps us plan for seating, class materials and refreshments. No refunds given after a program or speaker presentation. We are not able to offer classes or programs on a prorated basis.
- While Next is unable to endorse any of the products or services of our newsletter sponsors, we appreciate the support of these businesses.



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# NEXT — YOUR PLACE TO STAY ACTIVE & CONNECTED IN NOVEMBER 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> 10:00 Limber Up Knitting & Crocheting Open Studio 10:15 Line Dancing 10:30 Mah Jongg 11:00 Blood Pressure & Blood Oxygen Clinic Duplicate Bridge 11:15 Pinochle 12:00 Pickleball 1:00 Mah Jongg Bingo Popular Reads 4:30 Pickleball	<b>2 Birmingham Election</b> 11:00 Women's Roundtable 12:30 Socki Partners Bridge 1:00 Ask the Attorney Chair Yoga & Meditation Open Art Studio Chess...Join the Fun! 2:30 Tuesday Jazz 4:00 Mat Yoga 4:30 Pickleball 5:30 Birmingham Stamp Club	<b>3</b> 9:00 Men's Roundtable 9:15 Wednesday Flow Yoga 10:00 Limber Up Needle Arts Open Studio 10:30 Engineering an Empire - The Rise & Fall of Carthage 12:00 Pinochle 1:00 Chair Yoga 1:30 Tennis League Mixed Doubles 2:15 Mindfulness & Meditation 4:30 Pickleball 5:00 Movie: Puzzle	<b>4</b> 9:30 Bowling League Writer's Corner Palette & Brush Club 10:00 Pottery Open Studio 12:30 Pickleball 1:00 Chair Yoga & Meditation Studio Art 1:30 Michigan's Haunted Lighthouses 4:00 Chess Club Lessons 4:30 Pickleball 5:00 Chess Club Open Play 6:00 Lecture: China	<b>5</b> 9:00 Friday Fitness 10:00 Limber Up Tai Chi for Health 11:00 Duplicate Bridge 12:00 Current Events Pinochle 12:30 Pickleball 1:00 Mah Jongg 1:30 Tennis League Mixed Doubles
<b>8</b> 10:00 Limber Up Knitting & Crocheting Open Studio 10:15 Line Dancing 10:30 Mah Jongg 11:15 Duplicate Bridge 12:00 Pinochle 12:30 Pickleball 1:00 Mah Jongg 4:30 Pickleball 6:00 Parkinson's Support Group	<b>9</b> 10:00 Non-Fiction Book Group 11:00 Women's Roundtable 12:00 Fall Harvest Social 12:30 Socki Partners Bridge 1:00 Chair Yoga & Meditation Open Art Studio Chess...Join the Fun! 2:30 Tuesday Jazz 4:00 Mat Yoga 4:30 Pickleball	<b>10 Housing Tour Pomeroy Independent Living</b> 9:00 Men's Roundtable 9:15 Wednesday Flow Yoga 10:00 Limber Up Needle Arts Open Studio Canasta Lessons 10:30 Engineering an Empire - How Alexander the Great Conquered the World 12:00 Pinochle 1:00 Chair Yoga 1:30 Tennis League Mixed Doubles 2:15 Mindfulness & Meditation 4:30 Pickleball 5:00 Movie: Under the Sand	<b>11 Royal Oak Market: Art Fair Edition</b> 9:30 Bowling League Palette & Brush Club 10:00 Pottery Open Studio 11:30 Peace of Mind Seminar 12:30 Pickleball 1:00 Chair Yoga & Meditation Studio Art 4:00 Chess Club Lessons 4:30 Pickleball 5:00 Chess Club Open Play 6:00 Lecture: Defining Moments: A True Story of War & Family	<b>12</b> 9:00 Friday Fitness 10:00 Limber Up Tai Chi for Health 11:00 Duplicate Bridge 12:00 Current Events Pinochle 12:30 Pickleball 1:00 Mah Jongg 1:30 Tennis League Mixed Doubles
<b>15</b> 10:00 Limber Up Knitting & Crocheting Open Studio 10:15 Line Dancing 10:30 Mah Jongg 11:15 Duplicate Bridge 12:00 Pinochle 12:30 Pickleball 1:00 Mah Jongg Bingo 3:00 Trivia Time! 4:30 Pickleball	<b>16</b> 8:00 Next Board Meeting 10:00 Photography Club 11:00 Women's Roundtable 12:30 Socki Partners Bridge 1:00 Chair Yoga & Meditation Open Art Studio Chess...Join the Fun! 2:30 Tuesday Jazz 4:00 Mat Yoga 4:30 Pickleball 5:30 Birmingham Stamp Club	<b>17 Holiday Buffet: Henry Ford College Culinary School</b> 9:00 Men's Roundtable 9:15 Wednesday Flow Yoga 10:00 Limber Up Needle Arts Open Studio Canasta Lessons 12:00 Pinochle 1:00 Chair Yoga 1:30 Tennis League Mixed Doubles 2:15 Mindfulness & Meditation 4:30 Pickleball 5:00 Movie: The War with Grandpa 5:30 Dementia Caregiver Support Group Coin Club	<b>18</b> 9:30 Bowling League Writer's Corner Palette & Brush Club 10:00 Pottery Open Studio 12:30 Pickleball 1:00 INK TRAILS: Michigan's Famous & Forgotten Authors Chair Yoga & Meditation Studio Art 4:00 Chess Club Lessons 4:30 Pickleball 5:00 Chess Club Open Play 6:00 Lecture: Coming of Age in Prison	<b>19 DSO - The Streisand Songbook</b> 9:00 Friday Fitness 10:00 Limber Up Tai Chi for Health 11:00 Duplicate Bridge 12:00 Current Events Pinochle 12:30 Pickleball 1:00 Mah Jongg 1:30 Tennis League Mixed Doubles
<b>22</b> 10:00 Limber Up Knitting & Crocheting Open Studio 10:15 Line Dancing 10:30 Mah Jongg 11:15 Duplicate Bridge 12:00 Pinochle 12:30 Pickleball 1:00 Mah Jongg 4:30 Pickleball	<b>23</b> 11:00 Women's Roundtable 12:30 Socki Partners Bridge 1:00 Chair Yoga & Meditation Open Art Studio Chess...Join the Fun! 2:30 Tuesday Jazz 4:00 Mat Yoga 4:30 Pickleball	<b>24</b> 9:00 Men's Roundtable 9:15 Wednesday Flow Yoga 10:00 Limber Up Needle Arts Open Studio 12:00 Pinochle 1:00 Chair Yoga 1:30 Tennis League Mixed Doubles Closes at 3:00 pm	<b>25</b> Closed for Thanksgiving Holiday	<b>26</b> Closed for Thanksgiving Holiday
<b>29</b> 10:00 Limber Up Knitting & Crocheting Open Studio 10:15 Line Dancing 10:30 Mah Jongg 11:15 Duplicate Bridge 12:00 Pinochle 12:30 Pickleball 1:00 Mah Jongg 4:30 Pickleball	<b>30</b> 11:00 Women's Roundtable 12:30 Socki Partners Bridge 1:00 Let's Talk About Grief Chair Yoga & Meditation Open Art Studio Chess...Join the Fun! 2:30 Tuesday Jazz 4:00 Mat Yoga 4:30 Pickleball			

# NEXT — YOUR PLACE TO STAY ACTIVE & CONNECTED IN DECEMBER 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> 9:00 Men's Roundtable 9:15 Wednesday Flow Yoga 10:00 Limber Up Needle Arts Open Studio Canasta Lessons 10:30 Engineering an Empire: The Rise & Fall of the Roman Empire 12:00 Pinochle 1:00 Chair Yoga 1:30 Tennis League Mixed Doubles 2:15 Mindfulness & Meditation 4:30 Pickleball 5:00 Movie: Toni Morrison: The Pieces I Am	<b>2 Kirk in the Hills Tour</b> 9:30 Bowling League Writer's Corner Palette & Brush Club 10:00 Pottery Open Studio 12:30 Pickleball 1:00 Member Meet & Greet Chair Yoga & Meditation Studio Art 4:00 Chess Club Lessons 4:30 Pickleball 5:00 Chess Club Open Play 6:00 Lecture: The Butterfly Effect & Historic Preservation	<b>3</b> 9:00 Friday Fitness 10:00 Limber Up Tai Chi for Health 11:00 Duplicate Bridge 12:00 Current Events Pinochle 12:30 Pickleball 1:00 Mah Jongg 1:30 Tennis League Mixed Doubles
<b>6</b> 10:00 Limber Up Knitting & Crocheting Open Studio 10:15 Line Dancing 10:30 Mah Jongg 11:00 Blood Pressure & Blood Oxygen Clinic 11:15 Duplicate Bridge 12:00 Pinochle 12:30 Pickleball 1:00 Bingo Popular Reads Mah Jongg 4:30 Pickleball	<b>7</b> 11:00 Women's Roundtable 12:30 Socki Partners Bridge 1:00 Ask the Attorney Chair Yoga & Meditation Open Art Studio Chess...Join the Fun! 2:30 Tuesday Jazz 4:00 Mat Yoga 4:30 Pickleball 5:30 Birmingham Stamp Club	<b>8</b> 9:00 Men's Roundtable 9:15 Wednesday Flow Yoga 10:00 Limber Up Needle Arts Open Studio Canasta Lessons 10:30 Engineering an Empire: The Aztecs 12:00 Pinochle 1:00 Chair Yoga 1:30 Tennis League Mixed Doubles 2:15 Mindfulness & Meditation 4:30 Pickleball 5:00 Movie: News of the World	<b>9 Holiday Shopping at Post</b> 9:30 Bowling League Palette & Brush Club 10:00 Pottery Open Studio 12:30 Detroit: Early Detroit History Pickleball 1:00 Chair Yoga & Meditation 4:00 Chess Club Lessons 4:30 Pickleball 5:00 Chess Club Open Play 6:00 Lecture: About Your Better Business Bureau	<b>10</b> 9:00 Friday Fitness 10:00 Limber Up Tai Chi for Health 11:00 Duplicate Bridge 12:00 Current Events Pinochle 12:30 Pickleball 1:00 Mah Jongg 1:30 Tennis League Mixed Doubles
<b>13</b> 10:00 Limber Up Knitting & Crocheting Open Studio 10:15 Line Dancing 10:30 Mah Jongg 11:15 Duplicate Bridge 12:00 Pinochle 12:30 Pickleball 1:00 Mah Jongg Bingo 3:00 Trivia Time! 4:30 Pickleball 6:00 Parkinson's Support Group	<b>14</b> 10:00 Non-Fiction Book Group 11:00 Women's Roundtable 12:30 Holiday Tea Party Socki Partners Bridge 1:00 Chair Yoga & Meditation Open Art Studio Chess...Join the Fun! 2:30 Tuesday Jazz 4:00 Mat Yoga 4:30 Pickleball	<b>15</b> 9:00 Men's Roundtable 9:15 Wednesday Flow Yoga 10:00 Limber Up Needle Arts Open Studio 12:00 Pinochle 12:30 The Hidden Payout of Eating Organic Chair Yoga 1:00 Chair Yoga 1:30 Tennis League Mixed Doubles 2:15 Mindfulness & Meditation 4:30 Pickleball 5:00 Movie: Pinocchio 5:30 Dementia Caregiver Support Group Coin Club	<b>16</b> 9:30 Bowling League Writer's Corner Palette & Brush Club 10:00 Pottery Open Studio 12:30 Pickleball 1:00 Sounds of Christmas: A Holiday Sing-Along Chair Yoga & Meditation 4:00 Chess Club Lessons 4:30 Pickleball 5:00 Chess Club Open Play 6:00 Lecture: Detroit Style: Car Design in the Motor City 1950-2020 via Zoom	<b>17 DSO - Home for the Holidays</b> 9:00 Friday Fitness 10:00 Limber Up Tai Chi for Health 11:00 Duplicate Bridge 12:00 Current Events Pinochle 12:30 Pickleball 1:00 Mah Jongg 1:30 Tennis League Mixed Doubles
<b>20</b> 10:00 Limber Up Knitting & Crocheting Open Studio 10:15 Line Dancing 10:30 Mah Jongg 11:15 Duplicate Bridge 12:00 Pinochle 12:30 Pickleball 1:00 Mah Jongg Bingo 4:30 Pickleball	<b>21</b> 10:00 Photography Club 11:00 Women's Roundtable 12:30 Socki Partners Bridge 1:00 Chair Yoga & Meditation Open Art Studio Chess...Join the Fun! 2:30 Tuesday Jazz 4:00 Mat Yoga 4:30 Pickleball 5:30 Birmingham Stamp Club	<b>22</b> 9:00 Men's Roundtable 9:15 Wednesday Flow Yoga 10:00 Limber Up Needle Arts Open Studio 12:00 Pinochle 1:00 Chair Yoga 1:30 Tennis League Mixed Doubles 2:15 Mindfulness & Meditation Closes at 4:00 pm	<b>23</b> Closed Happy Holidays!	<b>24</b> Closed Happy Holidays!
<b>27</b> 10:00 Limber Up Knitting & Crocheting Open Studio 10:15 Line Dancing 10:30 Mah Jongg 11:15 Duplicate Bridge 12:00 Pinochle 12:30 Pickleball 1:00 Holiday Film Fest: Game Night Mah Jongg Closes at 4:00 pm	<b>28</b> 11:00 Women's Roundtable 12:30 Socki Partners Bridge 1:00 Holiday Film Fest: What about Bob? Chair Yoga & Meditation Open Art Studio Chess...Join the Fun! 2:30 Tuesday Jazz Closes at 4:00 pm	<b>29</b> 9:00 Men's Roundtable 9:15 Wednesday Flow Yoga 10:00 Limber Up Needle Arts Open Studio 12:00 Pinochle 1:00 Holiday Film Fest: Last Holiday Chair Yoga 1:30 Tennis League Mixed Doubles 2:15 Mindfulness & Meditation Closes at 4:00 pm	<b>30</b> Closed Happy New Year!	<b>31</b> Closed Happy New Year!





*Your Place to Stay Active & Connected*

2121 Midvale Street • Birmingham, MI 48009-1509  
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**Thank you to Next members and the community for your support of the Golf Classic to Benefit Next!**



We appreciate your support of the Silent Auction and the Tournament! The Golf Classic was a great success and we are so grateful to you all for being a part of this important event!

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## HOURS

Monday through Thursday  
from 8:30 am to 7:30 pm  
Friday  
from 8:30 am to 3:00 pm

## HOLIDAY HOURS

Next will be closed to observe holidays. Be sure to check calendars for specific dates and times.

## MEMBERSHIP DUES

Residents of Birmingham, Bingham Farms, Beverly Hills, and Franklin  
\$45/year Single Membership  
\$60/year Family Membership  
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